

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resistant shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



DOES NOT CONTAIN: citrus, MSG, wheat, gluten, corn, starch, sugar, soy, yeast, zein, sulfates, phosphates (other than coenzymes), preservatives, casein or other milk derivatives.
NO GMO's; NO toxic minerals or metals

Researched, uniquely formulated & exclusively distributed by:
PERQUE Integrative Health, Ashburn, VA 20147 USA
800-525-7372

†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

PERQUE

Hair, Skin, & Nails Guard™

Stronger, thicker nails;
lustrous, vibrant hair;
smoother, softer skin†

Dietary Supplement
120 Tabsules



Full disclosure label (no hidden or inactive ingredients)
Directions: As a dietary supplement, take four (4) tabsules in divided doses with meals or as directed by your health professional.

SUPPLEMENT FACTS

Serving size: 4 Tabsules
Servings per container: 30

Energized Nutrients	Amount per serving	%Daily Value
Vitamin C (100% L-ascorbate, fully reduced, corn free)	200 mg.	330
Vitamin D-3 (as cholecalciferol)	10 mcg.	100
Vitamin K-1 (as phyloquinone)	750 mcg.	937
Vitamin K-2	250 mcg.	312
Biotin	2.5 mg.	830
Calcium (as acetate, glycinate, succinate, malate, fumarate and citrate)	250 mg.	25
Magnesium (as acetate, glycinate, succinate, malate, fumarate and citrate)	500 mg.	125
Zinc (as citrate)	10 mg.	100
Manganese (as citrate)	11 mg.	550
Chromium (as citrate)	50 mcg.	42
Selenium (as L-selenomethionine)	250 mcg.	357
Copper (as sebecate)	1 mg.	50
Iodine	100 mcg.	67
Iodide (as potassium iodide)	150 mcg.	100
Strontium (as citrate)	50 mg.	*
Boron (as citrate)	6 mg.	*
Vanadium (as citrate)	50 mcg.	*
Silica (from Magnesium trisilicate from horse tail/Equisetum)	10 mg.	*
L-lysine	200 mg.	*
Magnesium (as C16 C18 alkyls)	360 mg.	*
Croscarmellose	200 mg.	*

†From whole untreated palm fruit and leaf
*Daily value not established

Other Ingredients: None