

Need more? 1-888-352-5050 or JigsawHealth.com

Jigsaw Alaskan Cod Liver Oil is fished exclusively from Dutch Harbor, Alaska where it is line-caught and flash frozen on the boat in pristine waters to preserve freshness. The oil is extracted by a proprietary process that removes harmful chemicals and PCBs, yet still maintains the naturally occurring Vitamins A & D.

Jigsaw Alaskan Cod Liver Oil is a comprehensive cod liver oil supplement with naturally occurring omega-3 fatty acids, PRMs (pro-resolving mediators), and naturally occurring Vitamin A and D, as formed by nature. Synthetic forms of A and D are never used in this product.

PRMs (pro-resolving mediators) are natural substances derived from omega-3 fatty acids that act as “braking signals” to modify cell behavior and promote healthy, normal cell function.*

Product of the U.S.A. with select ingredients thoughtfully curated from around the world.

Marine Stewardship Council. This product comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery. www.msc.org

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Should not be used if tamper evident seal is broken.
Keep out of reach of children. Store in a cool dry place.



Made with love by: Jigsaw Health, LLC.
9035 E. Pima Center Pkwy, Suite 4
Scottsdale, AZ 85258
1-888-352-5050
www.JigsawHealth.com

Label Revision #3



It's fun to feel good.



Alaskan Cod Liver Oil

Includes naturally occurring Vitamins A & D



180 SOFTGELS (60 SERVINGS) | DIETARY SUPPLEMENT

Supplement Facts

60 servings per container

Serving Size

3 Softgels

Amount per serving

Calories

40

	%Daily Value**
Total Fat 3.5g	4%
Saturated Fat 0.5g	3%
Cholesterol 20mg	7%
Protein <1g	
Vitamin A (100% naturally occurring) 585mcg (1,950 IU)	65%
Vitamin D (100% naturally occurring) 3.4mcg (135 IU)	17%
Alaska Cod Liver Oil 3,600mg	†
Omega-3 Fatty Acids (as triglycerides) 750mg	†
Eicosapentaenoic acid (EPA) as triglyceride 300mg	†
Docosahexaenoic acid (DHA) as triglyceride 300mg	†
Docosapentaenoic acid (DPA) as triglyceride 30mg	†
Total Pro-Resolving Mediators†† 30mcg	†

**The percent Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

† Daily Value not established

Other Ingredients: Capsule Shell (gelatin, glycerin, purified water), Natural Mixed Tocopherols (from non-GMO Sunflower Oil, to maintain freshness).

†† Representative, naturally occurring, including 14-HDHA, 17-HDHA and 18-HEPE.

Suggested Use: As a dietary supplement, take 3 softgels with breakfast or lunch. Or use as directed by your healthcare professional. NOTE: not recommended before bed; may cause wakefulness and disrupt sleep.