# health.

Cultured Whole Food

Organic herbs and cultured whole-food vitamins & minerals work together to promote optimal health and conditionspecific benefits – not just address nutrient deficiencies.\*



Every Man®'s One Daily is a once-daily organic whole-food multivitamin formulated specifically for the needs of active men.



Whole-Food Calcium, Vitamin D3 and the most bioactive. longest-lasting form of Vitamin K2 promote calcium metabolism and bone health.\*



Cultured, organic herbal blends provide energy & stress support and promote heart and immune system health.\*



Once-daily formula is easy-to-take, easy-to-digest, and can be taken anytime - even on an empty stomach!

NATURALLY GLUTEN FREE





man's ONE DAILY

Whole-Food Multi Vitamin + Herbs + Minerals Energy • Heart • Immune Support\*

48 Tablets DIETARY SUPPLEMENT

### Supplement Facts

Serving size 1 Tablet Servings per container 48

One tablet contains		%DV
Probiotic Nutrients™		
Vitamin A † (100% as beta-carotene)	5000 IU	100%
Vitamin C †	60 mg	100%
Vitamin D3 †	1000 IŬ	250%
Vitamin E†	30 IU	100%
Vitamin K1 †	70 mcg	88%
Vitamin K2 (MK-7) (from MenaQ7™ §)	10 mcg	12%
Thiamin-Vitamin B1 †	1.5 mg	100%
Riboflavin-Vitamin B2 †	1.7 mg	100%
Niacin †	20 mg	100%
Vitamin B6 †	2 mg	100%
Folate †	200 mcg	50%
Vitamin B12 †	12 mcg	200%
Biotin †	150 mcg	50%
Pantothenic Acid †	10 mg	100%
Calcium (from Algae ‡)	15 mg	1.5%
lodine †	75 mcg	50%
Magnesium † (80% cultured, 20% from Algae ‡)	5 mg	1%
Zinc†	15 mg	100%
Selenium †	75 mcg	107%
Copper†	1.5 mg	75%
Manganese †	1 mg	50%
Chromium †	60 mcg	50%
Molybdenum †	10 mcg	13%
Mixed Carotenoids †	3 mg	•
Herbal Blends		
Stress/Energy Support Blend †	60 mg	. •
[Organic Schizandra (berry) , Organic Maca (root), Organ		er)
Cardio Support Blend †	20 mg	•
[Organic Fenugreek (seed), Organic Oregano (leaf),		
Grapeseed Extract (not cultured), Organic Hawthorn (be		
Immune Support Blend†	20 mg	•
[Elderberry Extract (Sambucus nigra) (berry),		
Organic Eleuthero (root), Organic Astragalus (root)		
Herbal Extracts		
Ginger (rhizome) 3.2 mg hydroethanolic extract	4 mg	•
and 0.8 mg organic supercritical extract		
Turmeric (rhizome) 3.2 mg hydroethanolic extract	4 mg	•
and 0.8 mg organic supercritical extract		

 Daily Value not established ‡ Lithothamnion; (L. calcareum and L. coralloides) Nutrients and herbs are cultured in organic media that may contain: organic milled soy, Saccharomyces cerevisiae (organic yeast: active and inactive), organic maltodextrin, organic gum acacia, organic orange and lemon peel - natural sources of bio flavonoids, organic carrot powder, organic alfalfa powder, Lactobacilli (L. acidophilus, L. bifidus, L. rhamnosus) and enzymes (deactivated)

Other ingredients: Organic gum acacia, silica, lac resin, and carnauba wax.

Contains: Fermented soy. Naturally gluten free. 100% vegetarian; no artificial flavors or colors Suggested use: One tablet daily. Can be taken anytime, even on an empty stomach.

# holistic.

New Chapter® Whole-Food Multivitamins: More Than Food Supplements, They're Supplemental Food.™

#### **ORGANIC**

Formulated with Organic Ingredients

### **PROBIOTIC**

Cultured with Beneficial Live Probiotics

#### **WHOLE**

Bioavailable, Easy-to-Digest Food

Caution: As with any dietary or herbal supplement, you should advise your health care practitioner of the use of this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Formulated and distributed by NEW CHAPTER, INC. 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 888-874-4461



Certified Organic by International Certification Services, Inc., Medina, ND, USA Get the Whole Truth! Sign up for our e-newsletter at: newchapter.com



Mena Q7™ is a trademark of NattoPharma, Norway. International patents pending.



This package is made of 100% recycled paperboard (35% post-consumer content). It is processed chlorine-free (PCF) and uses vegetable oil-based inks. Please help protect our planet — recycle this bot tle and box after use.