

## Brain Sustain

**Creamy Chocolate** 

**Dietary Supplement** NET WT 1.8 oz (51 g)





# Brain **Sustain**

**Creamy Chocolate** 

#### **Dietary Supplement**

10-1.8 oz (51 g) Single Serving Packets NET WT 18 oz (510 g)







### Brain **Sustain**

**Creamy Chocolate** 

Ar	nount Per Serving	%DV
Calories	180	
Total Fat	5 g	6%‡
Saturated Fat	1.5 g	8%‡
Total Carbohydrate	19 g	7%‡
Dietary Fiber	8 g	29%
Total Sugars	6 a	**
Includes 5g Added Sugars		10%
Protein (from Pea Protein Isolate and Rice Protein Conc	entrate) 19 g	
Vitamin C (as calcium ascorbate)	400 ma	4449
Vitamin D3 (cholecalciferol)	25 mcg (1000 IU)	1259
Vitamin E (as d-alpha tocopheryl succinate)	134 mg	8939
Riboflavin (as riboflavin 5'-phosphate sodium)	25 mg	1923
Niacin (as niacinamide)	200 mg	1250
Vitamin B6 (as pyridoxal 5'-phosphate)	50 mg	2941
Folate (400 mcg DFE as ([6S]-5-methyltetrahydrofolic acid, glucosamine salt) <sup>S1</sup> and 400 mcg DFE as calcium folinate)	800 mcg DFE	200%
Vitamin B12 (as methylcobalamin)	1000 mcg	41,667
Calcium (as calcium ascorbate and ingredients with nat occurring calcium)	urally 60 mg	5%
Iron (naturally occurring)	5 mg	28%
Phosphorus (as dipotassium phosphate)	50 mg	4%
Magnesium (as di-magnesium malate) <sup>52</sup>	50 mg	12%
Sodium (naturally occurring)	420 mg	18%
Potassium (from ingredients with naturally occurring potassium and dipotassium phosphate)	240 mg	5%
Acetyl-L-Carnitine (as acetyl-L-carnitine HCI)	800 mg	**
N-Acetyl-L-Cysteine	300 mg	**
Phosphatidylserine <sup>53</sup>	200 mg	**
Alpha-Lipoic Acid	200 mg	**
Coenzyme Q10 (as ubiquinone) <sup>S4</sup>	200 mg	**
DHA (docosahexaenoic acid from algal oil) <sup>85</sup>	50 mg	**
Mixed Tocotrienols®	50 mg	**
Benfotiamine	50 mg	**
Glucoraphanin (from broccoli extract)	30 mg	**
(Brassica oleracea italica)(seed) <sup>S7</sup>		

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GMP COMPLIANT

2,470 mg

220 mg 3,620 mg

1,540 mg

1,180 mg

Typical Amino Acid Profile Per Serving:

Cysteine Glutamic Acid

Histidine
Isoleucine
Leucine
Lysine
Methionine
Phenylalan
Proline
Serine
Threonine
Taurine
Tryptophan
Tyrosine

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#### PROFESSIONAL USE ONLY

Not for resale on third-party websites, including, but not limited to, Amazon® and eBay®.

**DIRECTIONS:** Mix the contents of one packet (51 g) into 8-12 oz chilled water and consume once daily, or as directed by your healthcare practitioner. Adjust amount of water to desired sweetness and thickness.

Consult your healthcare practitioner prior to use. Individuals taking medication should discuss potential interactions with their healthcare practitioner. The labeling on this product does not comply with California's Proposition 65. Therefore, this product may not be sold in California.

STORAGE: Keep closed in a cool, dry place out of reach of

FORMULATED TO EXCLUDE: Wheat, gluten, yeast, soy protein, dairy products, fish, shellfish, peanuts, tree nuts, egg, artificial colors, and artificial sweeteners.

**BrainSustain**<sup>™</sup> represents more than 30 years of neuroscience research. Designed to address brain health, structure, and function, BrainSustain contains a variety of nutrients and cofactors that support mitochondrial energy production, antioxidant systems, neurotransmitter production, and cell membrane integrity.\*



S1. Quatrefolic® is a registered trademark of Gnosis S.p.A. Produced under US Patent 7,947,662.

S2. Albion® is a registered trademark of Albion Laboratories, Inc.

S3. Sharp•PS® GREEN is a registered trademark of Enzymotec Ltd. S4. Kaneka Q10® is a registered trademark of Kaneka Corp.

S5. life'sDHA® is a registered trademark of DSM.



S6. EVNol™ (formerly known as Tocomin®) is a trademark of ExcelVite. Tocotrienols are extracted and concentrated from sustainably sourced Malaysian red palm oil. Protected by US patent 5,157,132.



S7. TrueBroc® Produced under US patent 6,521,818 licensed from Brassica Protection Products LLC; TrueBroc is a registered trademark of Brassica



S8. AMINOGEN® is a registered trademark of Innophos Nutrition, Inc. \* AMINOGEN® is protected under U.S. patent 5,387,422.

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## Brain**Sustain**™

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#CleanSeas

XYMOGEN is committed to reducing the amount of plastics used throughout our business, particularly in the packaging of our products. With our participation in the United Nations Environment Programme Clean Seas initiative, we strive to positively decrease our environmental footprint, providing results that can ultimately:

- » Help free the ocean of litter, making it safer for millions of marine animals.
- » Reduce the use of non-renewable resources.
- » Keep wild-caught seafood healthy and safe to eat.
- » Protect maritime economies such as organic fishing, tourism, and recreation.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.