

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resistant shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



DOES NOT CONTAIN: citrus, MSG, wheat, gluten, corn, starch, sugar, soy, yeast, zein, sulfates, phosphates (other than coenzymes), preservatives, casein or other milk derivatives.

NO GMO's; NO toxic minerals or metals

Researched, uniquely formulated & exclusively distributed by:
PERQUE Integrative Health, Ashburn, VA 20147 USA

These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

PERQUE

Bone Guard
Forté™
Tabsules

Activated Nutrients
to Support Bone Health†

240 Count
Dietary Supplement



Full disclosure label (no hidden or inactive ingredients)
Directions: As a dietary supplement, take four (4) tabsules daily in divided doses with meals or as directed by your health professional.

Typical Dosage
Healthy bone maintenance.....2-4 tabsules/day
Family or personal osteoporosis risk.....4-6 tabsules/day
Repair or known osteoporosis.....6-8 tabsules/day

SUPPLEMENT FACTS

Serving size: 4 Tabsules
Servings per container: 60

19 Energized, bone-building Elemental Minerals and Nutrients**	Amount per serving	%Daily Value
Vitamin C (100% L-ascorbate, fully reduced, corn free)	200 mg.	330%
Vitamin D-3 (as cholecalciferol)	400 IU	100%
Vitamin K-1 (as phyloquinone)	750 mcg	937%
Vitamin K-2	250 mcg	312%
Biotin	250 mcg	83%
Calcium (as acetate, succinate, malate, fumarate, and citrate)	500 mg.	50%
Magnesium (as acetate, glycinate, succinate, malate, fumarate, and citrate)	500 mg.	125%
Zinc (as citrate)	10 mg.	100%
Manganese (as citrate)	15 mg.	750%
Chromium (as citrate)	250 mcg	208%
Selenium (as 100% L-selenomethionine)	250 mcg	357%
Copper (as sebacate)	1 mg.	50%
Iodine	3 mg.	2000%
Iodide (as potassium iodide)	150 mcg	100%
Baron (as citrate)	6 mg.	*
Vanadium (as citrate)	250 mcg	*
Silica (from calcium silicate from horse tail/leaves)	10 mg.	*
Strontium (as citrate)	50 mg.	*
Vegetable fiber (organic crosscarmellose)	400 mg.	*

* Daily value not established

**All forms of the above minerals and nutrients are used in clinical bone studies with proven results.

Other Ingredients: None