

KEEP OUT OF REACH OF CHILDREN. Must be stored with cap on tightly in a cool, dry place. Do not use product if the tamper-resistant shrink band around the cap or the inner seal beneath the cap appears to have been tampered with or is missing. **WARNING:** Pregnant and nursing mothers need to check with their health professional before taking supplements.

UNIQUELY PERQUE

100% ACTIVE 100% NATURAL 100% VERIFIED



DOES NOT CONTAIN: citrus, MSG, wheat, gluten, corn, starch, sugar, soy, yeast, zein, sulfates, phosphates (other than coenzymes), preservatives, casein or other milk derivatives.

NO GMO's; NO toxic minerals or metals

Researched, uniquely formulated & exclusively distributed by:
PERQUE Integrative Health, Ashburn, VA 20147 USA
 800-525-7372

†These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.

PERQUE

Bone Guard Forté™ Tabsules

Activated Nutrients
 to Support Bone Health[†]

Dietary Supplement
 100 Count



Full disclosure label (no hidden or inactive ingredients)

Directions: As a dietary supplement, take four (4) tabsules daily in divided doses with meals or as directed by your health professional.

Typical Dosage

Healthy bone maintenance.....2-4 tabsules/day
 Family or personal osteoporosis risk.....4-6 tabsules/day
 Repair or known osteoporosis.....6-8 tabsules/day

SUPPLEMENT FACTS

Serving size: 4 Tabsules
 Servings per container: 25

19 Energized, bone-building Elemental Minerals and Nutrients**

	Amount per serving	%Daily Value
Vitamin C (100% L-ascorbate, fully reduced, corn free)	200 mg.	330
Vitamin D-3 (as cholecalciferol)	10 mcg.	100
Vitamin K-1 (as phyloquinone)	750 mcg.	937
Vitamin K-2	250 mcg.	312
Biotin	250 mcg.	83
Calcium (as acetate, glycinate, succinate, malate, fumarate, and citrate)	500 mg.	50
Magnesium (as acetate, glycinate, succinate, malate, fumarate, and citrate)	500 mg.	125
Zinc (as citrate)	10 mg.	100
Manganese (as citrate)	15 mg.	750
Chromium (as citrate)	250 mcg.	208
Selenium (as 100% L-selenomethionine)	250 mcg.	357
Copper (as sebacate)	1 mg.	50
Iodine	3 mg.	2000
Iodide (as potassium iodide)	150 mcg.	100
Boron (as citrate)	6 mg.	*
Vanadium (as citrate)	250 mcg.	*
Silica (from calcium silicate from horse tail/vequistum)	10 mg.	*
Strontium (as citrate)	50 mg.	*
Vegetable fiber (organic crosscarmellose)	400 mg.	*

*Daily value not established

**All forms of the above minerals and nutrients are used in clinical bone studies with proven results.

Other Ingredients: None