

It's fun to feel good.



Made with love by:
Jigsaw Health, LLC.
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Scottsdale, AZ 85258



Need more? Call 1-888-352-5050 or visit JigsawHealth.com

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Jigsaw Alaskan Cod Liver Oil is fished exclusively from the pristine waters of Dutch Harbor, Alaska, where it is line-caught and flash frozen on the boat to preserve freshness. The oil is extracted by a proprietary process that removes harmful chemicals and PCBs, yet still maintains the naturally occurring nutrients.

Jigsaw Alaskan Cod Liver Oil is a comprehensive cod liver oil supplement with omega-3 fatty acids, PRMs (pro-resolving mediators), and Vitamins A & D, all naturally occurring as formed by nature. Synthetic forms of Vitamins A & D are never used in this product. PRMs are natural substances derived from omega-3 fatty acids that act as "braking signals" to modify cell behavior and promote healthy, normal cell function.*



Product of the U.S.A. with select ingredients thoughtfully curated from around the world.

Marine Stewardship Council. This product comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery. www.msc.org

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Alaskan Cod Liver Oil LIQUID

Includes naturally
occurring Vitamins A & D



MSC-C-54566

Natural Lemon Flavor



8.12 FL OZ (240mL) | NUTRITIONAL SUPPLEMENT

Supplement Facts

48 servings per container

Serving Size

5 mL (one teaspoon)

Amount per serving

Calories

45

	Amount per serving	%DV**
Total Fat	5 g	6%
Saturated Fat	1 g	5%
Cholesterol	30 mg	10%
Protein	2 g	
Vitamin A (100% naturally occurring)	1,100 mcg (3,667 IU)	122%
Vitamin D (100% naturally occurring)	5 mcg (200 IU)	25%
Total Omega-3 Fatty Acids	1,000 mg	†
Eicosapentaenoic acid (EPA) as triglyceride	600 mg	†
Docosahexaenoic acid (DHA) as triglyceride	340 mg	†
Docosapentaenoic acid (DPA) as triglyceride	60 mg	†
Total Pro-Resolving Mediators††	175 mcg	†

**The percent Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. †Daily Value not established.

Other Ingredients: Natural lemon flavor.

†† Representative, naturally occurring, including 14-HDHA, 17-HDHA, and 18-HEPE.

Suggested Use: As a nutritional supplement, take 1 teaspoon (5mL) with breakfast or lunch. Or use as directed by your healthcare professional.

Allergens: Contains fish (cod).

Should not be used if tamper evident seal is broken.

Keep out of reach of children. Refrigerate after opening.