

SUGGESTED USE

Adults take 2 capsules 1-2 times daily between meals. Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Use only as directed on label. Safety-sealed for your protection. Keep bottle capped at all times and store in a cool, dry place. Natural separation may occur. This does not affect product quality.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.



Gaia Farm, Brevard, NC

Connecting Plants & People Since 1987

PURITY - Keep it Clean

All products are screened for pesticides, microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the world's first herb traceability platform.

POTENCY - Keep it Strong

Concentrated plant extracts are delivered in our patented Phyto-Caps® technology.

Discover our Guiding Truths at:



gaia
HERBS

RESPIRATORY SUPPORT*

Black Seed Oil

Made with Nigella seed oil

60 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

gaia
HERBS

RESPIRATORY SUPPORT*

Black Seed Oil

Traditionally for maintaining a healthy respiratory system*

With cold-pressed Nigella seed oil for antioxidant support*

60 VEGAN LIQUID PHYTO-CAPS®
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	10	
Total Fat	<1g	<1%*
Organic Nigella (<i>Nigella sativa</i>) seed oil	800 mg	†

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Sunflower lecithin, vegan capsule (hypromellose, chlorophyll), and sunflower oil.

Gaia Herbs, Inc., 101 Gaia Herbs Drive
Brevard, NC 28712



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This carton is made from 100% recycled paperboard, and is one example of how Gaia Herbs makes conscious choices to keep our planet healthy. To learn more about our sustainability efforts, please visit gaiaherbs.com/sustainability.

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GLUTEN-FREE
SOY-FREE



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