

SUGGESTED USE

Adults & Kids (ages 4+): 1 teaspoon daily
Ages 1-3: ½ teaspoon daily

For additional support, ages 12 & up may take 1
teaspoon, 2 times daily.

Shake well before use. Refrigerate after opening. Not
for use during pregnancy. If you have a medical
condition or take medications, please consult with your
doctor before use. **Store away from children.** Do not use
if cap seal is broken. Consume within 6 months of opening.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY
THE FOOD AND DRUG ADMINISTRATION. THIS
PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT,
CURE, OR PREVENT ANY DISEASE.

ID#:

BEST BY:

meetyourherbs.com

IMMUNE SUPPORT*



Black Elderberry Syrup

5.4 FL OZ (160 mL) HERBAL SUPPLEMENT

Supplement Facts

	Ages 1-3	Ages 4+
Serving Size	¼ tsp (1.25 mL)	1 tsp (5 mL)
Servings Per Container	128	32
Amount Per Serving	% DV	% DV
Calories		20
Total Carbohydrate	1g < 1%*	4g 2%**
Total Sugars	1g †	4g †
Includes Added Sugars	1g 4%*	4g 8%**
Black Elderberry (<i>Sambucus nigra</i>) fruit juice concentrate ▲	476 mg †	1,903 mg †
Acerola fruit extract ▲	37 mg †	147 mg †

* Percent Daily Values (DV) are based on a 1,000 calorie diet.
** Percent Daily Values (DV) are based on a 2,000 calorie diet.
† Daily Value (DV) not established.

Other ingredients: Organic cane sugar, water and lemon fruit juice
(to preserve freshness).

▲ = Certified Organic Ingredient

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712
Certified Organic by Oregon Tilth
Manufactured for Gaia Herbs by Aboca S.p.A. - Italy, PRODUCT OF ITALY



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PRODUCT OF ITALY

Each teaspoon contains the equivalent of 14.5 g (14,500 mg)
of fresh Elderberries.

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meetyourherbs.com

Gaia Herbs delivers unprecedented
traceability by screening every product
and sharing the results online. See for
yourself, and learn more about your
herbs, by entering the unique ID #
below at meetyourherbs.com.

VEGAN
GLUTEN-FREE
CERTIFIED ORGANIC



Connecting
plants & People™
SINCE 1987

PURITY - Keep it Clean

All products are screened for pesticides,
microbes & heavy metals.

INTEGRITY - Keep it Real

See the proof at meetyourherbs.com, the
world's first herb traceability platform.

POTENCY - Keep it Strong

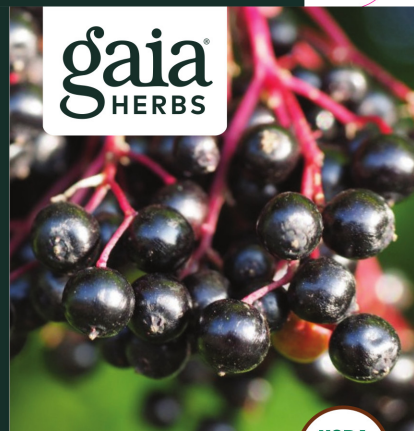
Concentrated extracts provide a delicious &
convenient way to get your daily dose of herbs.

Discover our Guiding Truths at:



A partnership of mutual beliefs

Black Elderberry Syrup is produced in
Tuscany, Italy, by Aboca, the herbal
supplement leader in Europe since 1978.
Gaia Herbs' partnership with Aboca is
born from a mutual belief in sustainable
product development, dedication to
quality, and a deep respect
for science and nature
working in harmony.



IMMUNE SUPPORT*



Black Elderberry Syrup

Traditionally taken for
immune health*

A delicious daily tonic for
the whole family*

Our best-selling formula



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HERBAL SUPPLEMENT