

It's *fun* to feel good.



Made with love by:
Jigsaw Health, LLC
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Scottsdale, AZ 85258



Need more? Call 1-888-352-5050 or visit JigsawHealth.com

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Jigsaw Alaskan Cod Liver Oil is fished exclusively from the pristine waters of Dutch Harbor, Alaska, where it is line-caught and flash frozen on the boat to preserve freshness. The oil is extracted by a proprietary process that removes harmful chemicals and PCBs, yet still maintains the naturally occurring nutrients.

Jigsaw Alaskan Cod Liver Oil is a comprehensive cod liver oil supplement with omega-3 fatty acids, PRMs (pro-resolving mediators), and Vitamins A & D, all naturally occurring as formed by nature. Synthetic forms of Vitamins A & D are never used in this product. PRMs are natural substances derived from omega-3 fatty acids that act as "braking signals" to modify cell behavior and promote healthy, normal cell function.*



Product of the U.S.A. with select ingredients thoughtfully curated from around the world.

Marine Stewardship Council. This product comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery. www.msc.org

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Jigsaw
HEALTH
It's *fun* to feel good.

Fresh...
from Sea
to Softgel™

Alaskan Cod Liver Oil

Includes naturally
occurring Vitamins A & D



MSC-C-54566

180 SOFTGELS (60 SERVINGS) | NUTRITIONAL SUPPLEMENT

Supplement Facts

60 servings per container

Serving Size

3 Softgels

Amount per serving

Calories

40

	Amount per serving	%DV**
Total Fat	4 g	5%
Saturated Fat	0.5 g	3%
Cholesterol	20 mg	7%
Protein	1 g	
Vitamin A (100% naturally occurring)	800 mcg RAE (2,667 IU)	89%
Vitamin D (100% naturally occurring)	6 mcg (240 IU)	30%
Total Omega-3 Fatty Acids	900 mg	†
Eicosapentaenoic acid (EPA)	420 mg	†
Docosahexaenoic acid (DHA)	300 mg	†
Docosapentaenoic acid (DPA)	60 mg	†
Total Pro-Resolving Mediators††	175 mcg	†

**The percent Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. †Daily Value not established.

Other Ingredients: Capsule Shell (bovine gelatin, glycerin, purified water), Natural Mixed Tocopherols (from non-GMO Sunflower Oil, to maintain freshness).

†† Representative, naturally occurring, including 14-HDHA, 17-HDHA, and 18-HEPE.

Suggested Use: As a nutritional supplement, take 3 softgels with breakfast or lunch. Or use as directed by your healthcare professional.

Allergens: Contains fish (cod).

**Should not be used if tamper evident seal is broken.
Keep out of reach of children. Store in a cool dry place.**