SUGGESTED USE

Adults & Kids (ages 4+): 1 teaspoon daily Ages 1-3: ¼ teaspoon daily

For additional support, ages 12 & up may take 1 teaspoon, 2 times daily.

Shake well before use. Refrigerate after opening. Not for use during pregnancy. If you have a medical condition or take medications, please consult with your doctor before use. Store away from children. Do not use if cap seal is broken. Consume within 6 months of opening.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ID#:

BEST BY

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Black Elderberry Syrup

3 FL OZ (89 mL) HERBAL SUPPLEMENT

Supplement Facts Ages 1-3 Ages 4-

Serving Size Servings Per Container	¼ tsp (1.25 mL) About 71		1 tsp (5 mL) About 18	
Amount Per Serving	% DV		% DV	
Calories			20	
Total Carbohydrate	- <u>- 1</u> g	<1%*	4 g	2%**
Total Sugars	1g	t	4 g	t
Incl. Added Sugars	1 g	4%*	4 g	8%**
DII-FIIII	/7/ +		1002	

Percent Daily Values (DV) are based on a 1,000 colorie diet.
Percent Daily Values (DV) are based on a 2,000 colorie diet.
Daily Value (DV) not established.

Other ingredients: Organic cane sugar, water and lemon fruit juice (to preserve freshness).

 \triangle = Certified Organic Ingredient

(Sambucus nigra) fruit

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard
Certified Organic by Oregan Tith
Simunoctured for Gaia Herbs by Aboca S.p.A. – Italy. PRODI







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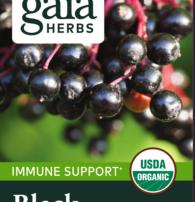
Discover our Guiding Truths at:



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A partnership of mutual beliefs

Black Elderberry Syrup is produced in Tuscany, Italy, by Aboca, the herbal supplement leader in Europe since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality, and a deep respect for science and nature working in harmony.



Black Elderberry Syrup

Traditionally taken for immune health*

A delicious daily tonic for the whole family*

Our best-selling formula



3 FL OZ (89 mL) HERBAL SUPPLEMENT

Supplement Facts Ages 1-3 Serving Size Servings Per Container 1/4 tsp (1.25 mL) 1 tsp (5 mL) About 7 About 18 Amount Per Serving % DV Calories Total Carbohydrate <1%* 4 g 2%** Total Sugars † 4g 4%* 4g Includes Added Sugars

† 1,903 mg

Percent Daily Values (DV) are based on a 1,000 calorie diet.
 Percent Daily Values (DV) are based on a 2,000 calorie diet.
 Daily Value (DV) not established.

Other ingredients: Organic cane sugar, water and lemon fruit juice (to preserve freshness).

37 mg

▲ = Certified Organic Ingredient

fruit juice concentrate

Acerola fruit extract A

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Drive, Brevard, NC 28712

Certified Organic by Oregon Tilth

Manufactured for Gaia Herbs by Aboca S.p.A. – Italy

PRODUCT OF ITALY

Black Elderberry (Sambucus nigra) 476 mg

Each teaspoon contains the equivalent of 14.5 g (14,500 mg) of fresh Elderberries.

SUGGESTED USE

Adults & Kids (ages 4+): 1 teaspoon daily Ages 1-3: 1/4 teaspoon daily

For additional support, ages 12 & up may take 1 teaspoon, 2 times daily.

Shake well before use. Refrigerate after opening. Not for use during pregnancy. If you have a medical condition or take medications, please consult with your doctor before use. Store away from children. Do not use if cap seal is broken. Consume within 6 months of opening.

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