

It's fun to feel good.

jigsaw
HEALTH

Made with love by:
Jigsaw Health, LLC.
9035 E. Prima Center Pkwy #4
Scottsdale, AZ 85258

Need more? Call 1-888-352-5050 or visit JigsawHealth.com

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Jigsaw Alaskan Cod Liver Oil is fished exclusively from the pristine waters of Dutch Harbor, Alaska, where it is line-caught and flash frozen on the boat to preserve freshness. The oil is extracted by a proprietary process that removes harmful chemicals and PCBs, yet still maintains the naturally occurring nutrients.

Jigsaw Alaskan Cod Liver Oil is a comprehensive cod liver oil supplement with omega-3 fatty acids, PRMs (pro-resolving mediators), and Vitamins A & D, all naturally occurring as formed by nature. Synthetic forms of Vitamins A & D are never used in this product. PRMs are natural substances derived from omega-3 fatty acids that act as "braking signals" to modify cell behavior and promote healthy, normal cell function.*



Product of the U.S.A. with select ingredients thoughtfully curated from around the world.

Marine Stewardship Council. This product comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery. www.msc.org

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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Alaskan Cod Liver Oil LIQUID

Includes naturally
occurring Vitamins A & D



MSC-C-54566

Natural Lemon Flavor



8.12 FL OZ (240mL) | NUTRITIONAL SUPPLEMENT

Supplement Facts

48 servings per container

Serving Size

5 mL (one teaspoon)

Amount per serving

Calories

45

	Amount per serving	%DV**
Total Fat	5 g	6%
Saturated Fat	1 g	5%
Cholesterol	30 mg	10%
Protein	2 g	
Vitamin A (100% naturally occurring)	1,100 mcg (3,667 IU)	122%
Vitamin D (100% naturally occurring)	5 mcg (200 IU)	25%
Total Omega-3 Fatty Acids	1,000 mg	†
Eicosapentaenoic acid (EPA) as triglyceride	600 mg	†
Docosahexaenoic acid (DHA) as triglyceride	340 mg	†
Docosapentaenoic acid (DPA) as triglyceride	60 mg	†
Total Pro-Resolving Mediators††	175 mcg	†

**The percent Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice. †Daily Value not established.

Other Ingredients: Natural lemon flavor (from real lemons).

†† Representative, naturally occurring, including 14-HDHA, 17-HDHA, and 18-HEPE.

Suggested Use: As a nutritional supplement, take 1 teaspoon (5mL) with breakfast or lunch. Or use as directed by your healthcare professional.

Allergens: Contains fish (cod).

Should not be used if tamper evident seal is broken.

Keep out of reach of children. Refrigerate after opening.