

SUGGESTED USE

Take within one hour before bedtime.

Adults: 1 teaspoon

Ages 9-12: ½ teaspoon

Ages 6-8: ¼ teaspoon

Shake well before use. Refrigerate after opening. Not for use during pregnancy or lactation. If you have a medical condition or take medications, please consult with your doctor before use. **Store away from children.** Do not use if cap seal is broken. Consume within 6 months of opening.

* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

ID#:

BEST BY:

meetyourherbs.com



IMMUNE SUPPORT*



Black Elderberry NightTime Syrup

3 FL OZ (89 mL)
HERBAL SUPPLEMENT

Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings Per Container About 18

	Amount Per Serving	% Daily Value
Calories	20	
Total Carbohydrate	5 g	2%*
Total Sugars	4 g	†
Includes 4 g Added Sugars		8%*

Black Elderberry (<i>Sambucus nigra</i>) fruit juice concentrate ▲	1903 mg	†
Acerola (<i>Malpighia glabra</i>) fruit extract ▲	147 mg	†
Proprietary Blend	104 mg	†
Lemon Balm (<i>Melissa officinalis</i>) leaf extract ▲		
Grindelia (<i>Grindelia camporum</i>) flowering tops extract ▲, California Poppy (<i>Eschscholzia californica</i>) leaf extract ▲		

* Percent Daily Values are based on a 2,000 calorie diet.
† Daily Value not established.

Other ingredients: Organic cane sugar, water, lemon fruit juice (to preserve freshness) and xanthan gum
▲ - Certified Organic Ingredient

Distributed by: Gaia Herbs, Inc., 101 Gaia Herbs Dr., Brevard, NC 28712

Certified Organic by Oregon Tilth

Manufactured for Gaia Herbs by Aboca S.p.A. - Italy. PRODUCT OF ITALY



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CERTIFIED ORGANIC



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A partnership of mutual beliefs

Black Elderberry NightTime Syrup is produced in Tuscany, Italy, by Aboca, the herbal supplement leader in Europe since 1978. Gaia Herbs' partnership with Aboca is born from a mutual belief in sustainable product development, dedication to quality, and a deep respect for science and nature working in harmony.



IMMUNE SUPPORT*



Black Elderberry NightTime Syrup

Traditionally taken for
immune health*

With California Poppy

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PRODUCT OF ITALY

Each teaspoon contains the equivalent of 14.5 g (14,500 mg) of fresh Elderberries.

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