

CONTAINS NO artificial colors, flavors or preservatives; no wheat, gluten, milk, eggs, peanuts, tree nuts, crustacean shellfish or fish. Suitable for vegans.

Keeping bones strong requires constant attention to the nutrients we ingest that feed bones. Without adequate vitamins and minerals, bones weaken over time. Our vegan **Bone Support Formula** provides a product with no animal derivatives that promotes bone health. Combining vitamins C, D2, and K (as vitamin K1 and K2 from non-GMO fermented soy, or "natto") plus minerals in highly absorbable forms, our product provides a one-stop shop for you to obtain these key nutrients for bone health.†

**WE GUARANTEE OUR SUPPLEMENTS  
FOR POTENCY AND PURITY**

To report a serious adverse event, call 1-888-710-0006

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Vegan

# BONE SUPPORT FORMULA

Supports Healthy Bones†

Dietary Supplement

**180 VEGETARIAN CAPSULES**



## Supplement Facts

Serving Size 6 Capsules

Servings Per Container 30

| Amount Per Serving                                                                                                       | % Daily Value |      |
|--------------------------------------------------------------------------------------------------------------------------|---------------|------|
| Vitamin C (as ascorbic acid)                                                                                             | 60 mg         | 100% |
| Vitamin D2 (as ergocalciferol)                                                                                           | 1,000 IU      | 250% |
| Vitamin K [78% as Vitamin K1 (phytonadione),<br>22% as Vitamin K2 (menaquinone-7)<br>from non-GMO fermented soy (natto)] | 45 mcg        | 60%  |
| Calcium (from calcium citrate)                                                                                           | 700 mg        | 70%  |
| Magnesium (from magnesium malate)                                                                                        | 300 mg        | 75%  |
| Silica (from silicon dioxide)                                                                                            | 40 mg         | *    |

\* Daily Value not established.

Other Ingredients: Capsule (vegetable source), cellulose, magnesium stearate (vegetable source).

**SUGGESTED USE:** Take 6 capsules per day or as directed by a healthcare professional.

**KEEP OUT OF REACH OF CHILDREN.**

VL 692-180B

