

PRODUCT INFORMATION:

Two capsules typically provide:

		%NRV*
Vitamin A (2500iu)	750µg	94
Vitamin E (18iu)	12mg α-TE	100
Vitamin C	500mg	625
Riboflavin (vitamin B2)	5mg	357
Niacin (vitamin B3)	5mg	31
Biotin	50µg	100
Pantothenic acid (vitamin B5)	25mg	417
Zinc	15mg	150
Copper	150µg	15
Chromium	100µg	250
Green tea extract 20:1	100mg	
Aloe Vera extract 200:1	75mg	
Borage oil	50mg	
Grapeseed extract	50mg	
Lemon balm extract 4:1	50mg	
Citrus bioflavonoid complex	20mg	

*NRV = Nutrient Reference Value

INGREDIENTS: Vitamin C, capsule: hydroxypropyl methylcellulose; bulking agent: microcrystalline cellulose; borage oil powder (antioxidant: mixed tocopherols); green tea extract, aloe vera extract, lemon balm extract, citrus bioflavonoids, grape seed extract, zinc citrate, vitamin B5, anti-caking agent: magnesium stearate; vitamin E [d-alpha tocopheryl succinate], anti-caking agent; silicon dioxide; vitamin A (stabiliser: corn dextrin; anticaking agent: corn starch; antioxidant: vitamin E); vitamin B2, vitamin B3, chromium picolinate, copper citrate, biotin.

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, sugar, wheat, yeast. This product has not been tested on animals.

HIGHER NATURE®

HEALTHY LIFESTYLE

SKIN SUPPORT

Clear skin
from within

For all skin types



60 capsules
vegetarian and vegan

SKIN SUPPORT FOOD SUPPLEMENT - 60 CAPSULES

- ✓ A blend of vitamins, minerals and plant extracts for clearer skin
- ✓ Ideal for problem skin
- ✓ With vitamins A, B2, B3, biotin and zinc for the maintenance of normal skin

DIRECTIONS: Adults and children 13 and over take two capsules a day with meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: B vitamins may turn urine bright yellow – this is normal.

STORAGE: Store in a cool, dry place out of reach of children.



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