COLLAGEN. WELLNESS. LEADER. SINCE 1922

WHY CHOOSE GREAT LAKES **GELATIN COMPANY?**

we believe that a healthy lifestyle and a balanced diet, including collagen, is the cornerstone to a life well-lived.

TYPICAL AMINO ACID CONTENT PED SERVING

ITPICAL AITH	NO ACID	CHILLIAI LEK	PEKAIIA
Alanine	1008 mg	Leucine†!	312 m
Arginine	924 mg	Lysine ^{††}	396 m
Aspartic Acid	540 mg	Methionine ^{††}	108 m
Cystine	11 mg	Phenylalanine ^{††}	192 m
Glutamic Acid	1200 mg	Proline	1644 m
Glycine	2785 mg	Serine	408 m
Histidine*!	108 mg	Threonine [†] !	228 m
Hydroxylysine	180 mg	Tryptophan ^{††}	0 m
Hydroxyproline	1476 mg	Tyrosine	72 m
Isoleucine†!	144 mg	Valine ^{††}	264 m

*Natural variations may occur ***Essential Amino Acids

NOTICES:

'Collagen protein does not count toward the FDA recommended Percent Daily Value for protein because it lacks one essential amino acid: tryptophan.

Do not use if top seal is torn or punctured.

If you are pregnant, nursing or have a medical condition, consult your physician before use.

Variations in color, odor, taste and solubility may occur. Product is packed by weight not volume, settling will occur.

STORE DRY & DO NOT REFRIGERATE HOT OR COLD LIQUID SOLUBLE







Non-GMO





COLLAGEN HYDROLYSATE

Grass-fed & Pasture-raised

UNFLAVORED PROTEIN

Supports joint health*

Improved digestive health*

Post-workout recovery*

Healthier, hydrated skin

Fuller hair & stronger nails'

More restful sleep*

COLLAGEN. PROTEIN. LEADER. SINCE 1922.

COLLAGEN HYDROLYSATE:

Collagen Hydrolysate proteins are the same found naturally in bones, skin and cartilage Containing over 90% protein and a distinctive amino acid group make it rapidly absorbed and easily assimilated by the body

Collagen contains glycine, TDaily Value not established lysine and proline, which can be used by the body to build connective tissue structures.*

RECOMMENDED USES:

Great Lakes Collagen will easily dissolve in your favorite beverages such as coffee, tea, juice or a smoothie

RECOMMENDED DOSAGE.

Take two scoops (12 g) twice a day. For best results use daily.

Supplement Facts Serving Size 2 Scoops (12 g) Servings Per Container: 38

	Amount Per Serving	% Daily Value
Calories	45	
Sodium	35 mg	2%
Protein	11 g	
Collagen Hydrolysat	e 12g	†

INGREDIENTS: Hydrolyzed Collagen

Gravslake, IL 60030

Manufactured for Great Lakes Gelatin's Company to its specifications.









NO ADDITIVES OR PRESERVATIVES

CUSTOMER SERVICE: 847-223-8141

www.GREATLAKESGELATIN.com



These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

NET WEIGHT 16 oz (454 g)