

## Supplement Facts

Serving Size: 2 Capsules Servings Per Container: 30

Amount Per Serving	% Daily Value
33.5 mg	3%
32.9 mg	8%
34 mg	1%
800 mg	**
209 mg	**
194 mg	**
397 mg	**
	33.5 mg 32.9 mg 34 mg 800 mg 209 mg 194 mg

Other ingredients: Gelatin (capsule), Rice Flour, Magnesium

Stearate Silicon Dioxide

## Suggested Use

As a dietary supplement take two (2) capsules three times a day. For best results take 20-30 min before a meal with an 8oz. glass of water or as directed by your healthcare







