









Suggested Use: As a dietary supplement, mix 1 heaping scoop of PRE into 12-14 ounces of water and consume 30-45 minutes prior to exercise. Vary the amount of water to achieve your desired flavor level. DO NOT EXCEED 1 SCOOP IN ANY 24 HOUR PERIOD OR USE MORE THAN 5 DAYS IN ANY 7 DAY PERIOD.

VEGETARIAN | GLUTEN FREE | NON-GMO | LACTOSE FREE

No Excipients, No Fillers, Allergen Free, No Artificial Color, No Preservatives, No Starch, No Sugar, No Soy, No Wheat, No Yeast, No Fish, No Milk.

Warning: KEEP OUT OF REACH OF CHILDREN. This product is only intended to be consumed by healthy adults 18 years of age or older. Do not use if you are pregnant, breast feeding, have known medical conditions (including but not limited to kidney, heart or liver disease) or are taking prescription or OTC medication(s). Consult with your health care practitioner before using this product. Discontinue use and consult with your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Discontinue use two weeks prior to surgery.









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FOCUS

EXPLOSIVE ENERGY



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Amount Per Serv	Serv
Vitamin C (as ascorbic acid USP)	150
Vitamin B3 (as niacin)	30mg
Vitamin B6 (as pyridoxine HCl)	20
Vitamin B12 (as methylcobalamin)	150n
Calcium (Calci-K TM calcium potassium phosphate citrate)	95
Phosphorus (Calci-K TM calcium potassium phosphate citrate	88
and sodium phosphate)	
Magnesium (Creatine MagnaPower TM)	9
Sodium (sodium phosphate)	9
Potassium (Calci-K TM calcium potassium phosphate citrate)	8
Choline (VitaCholine™ [Choline L(+) Bitartrate])	205
Power, Strength & Endurance Complex (14.2g)	
L-Leucine (HPLC)(fermented - vegan)	e
Beta-Alanine (HPLC)	eo
PharmaPure TM Creatine Monohydrate (HPLC)(micronized)	
Betaine Anhydrous (HPLC)(trimethylglycine)	2
Malic Acid	
Creating MagnaPowerTM Magnagium Creating Chalata	500









