

Suggested Use: As a dietary supplement, take 2 capsules daily. FOR DAILY USE.

Supplement Facts

Serving Size 2 Vegetarian Capsules Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin D (as cholecalciferol) 125 mcg	(5,000 IU)	625%
Vitamin K2 (as Menaquinone-7 (MK-7))	80 mcg	67%
Magnesium (as magnesium citrate)	125 mg	30%
Zinc (as zinc monomethionine PTIZZINC)	10 mg	91%
Vitamin D Co-Factor Proprietary Blend	132 mg	
L-Taurine		t
Quercetin		t
Boron (as calcium fructoborate FruiteX-B ^o	3)	1

† Daily Value not established.

Other Ingredients: Cellulose, vegetable capsule (hypromellose), vegetable stearate, sillica.

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Warning: This product contains Vitamin K, which interferes with the prescription drugs Coumadin and Warfarin. Do not take this if taking either of these drugs.

Note: If you suffer from sarcoidosis, primary hyperparathyroidism, hypercalcemia, or are taking anticoagulant medications ("blood thinners"), please consult a physician before taking.

Store in a cool, dry place.

Do not use if Safety Seal is broken. Keep out of reach of children.