



Supplement Facts	
Serving Size 3 Capsules	
Amount Per Serving	% Daily Value
Calories 10	
Sodium 35 mg	1%
Total Carbohydrates 1 g	<1%**
Protein less than 1 g	2%**
Glucosamine HCl 1.5 g	†
Sodium Chondroitin Sulfate 350 mg	†
Proprietary ASU Powder, AKBA, and Green Tea Complex 400 mg	
Avocado/Soybean Unsaponifiables (ASU) Powder †	
(Soy (<i>Glycine max</i>) Unsaponifiables, Avocado (<i>Persea gratissima</i>) Unsaponifiables, Soy Protein Isolate, Natural Mixed Tocopherols)	
AKBA Complex †	
Boswellia Extracts (<i>Boswellia serrata</i> - gum resin) [3-O-Acetyl-11-Keto β -Boswellic Acid (AKBA)]	
Decaffeinated Green Tea Extract †	
(<i>Camellia sinensis</i> - leaf)	
**Percent Daily Values are based on a 2,000 calorie diet	
†Daily Value Not Established	

Other Ingredients: Gelatin. **Contains <2% of:** silicon dioxide, titanium dioxide (capsule color).
Contains: Soy; Glucosamine derived from crab and shrimp.

Cosamin® ASU

Our advanced, faster-acting formula to help promote joint comfort.*

Our advanced, faster acting joint support supplement, Cosamin ASU includes a combination of ingredients that works faster than glucosamine alone. It's formulated with our trademarked glucosamine HCl, chondroitin sulfate, avocado/soybean unsaponifiables (ASU), AKBA (from *Boswellia serrata*), and decaffeinated green tea extract providing EGCG.

These active ingredients work together to decrease the markers associated with cartilage breakdown and joint discomfort in our advanced formula.

The ingredients in Cosamin ASU promote a positive response associated with cartilage protection and joint comfort. Laboratory studies show that the combination of ingredients in Cosamin ASU decreases levels of markers associated with cartilage breakdown and joint discomfort.*

Supplement Facts & Directions for Use

Serving Size Information:

One serving of Cosamin ASU contains 1500 mg (1.5 g) of FCHG49® Glucosamine HCl, 350 mg of TRH122® Chondroitin Sulfate, and 400 mg of a proprietary blend of NMX1000® ASU, QUIKLOX® AKBA, and decaffeinated Green Tea extract providing the antioxidant polyphenol, EGCG.

Directions for Use:

Take 3 capsules daily until desired comfort is reached. May reduce number of capsules taken daily to maintain comfort level. Capsules may be taken all at once or divided with meals.†

If you have any condition that requires medical attention always consult your physician before taking any dietary supplement.

Keep in a cool, dry place. Do not use if seal is broken or missing.

Cosamin®
for JOINT HEALTH™



A PRODUCT FROM NUTRAMAX LABORATORIES CONSUMER CARE, INC.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.