



Suggested Use: As a dietary supplement, mix 1 heaping scoop of PRE into 12-14 ounces of water and consume 20-30 minutes prior to exercise. Vary the amount of water to achieve your desired flavor level. PRE is extremely powerful, first time users should begin use with 1/2 scoop or less to assess your tolerance. DO NOT EXCEED 1 SCOOP IN ANY 24 HOUR PERIOD OR USE MORE THAN 5 DAYS IN ANY 7 DAY PERIOD.

VEGETARIAN | GLUTEN FREE | BSE/TSE FREE | NON-GMO

Warning: KEEP OUT OF REACH OF CHILDREN. This product is only intended to be consumed by healthy adults 18 years of age or older. Do not use if you are pregnant, breast feeding, sensitive to caffeine, have known medical conditions (including but not limited to kidney, heart or liver disease) or are taking prescription or OTC medication(s). Consult with your health care practitioner before using this product. Do not use under extreme conditions of heat, CARDIOVASCULAR EXERTION or dehydration. **CONTAINS CAFFEINE.** Do not use with caffeine or stimulant-containing medications, foods or beverages because too much caffeine may cause nervousness, irritability, sleeplessness and occasionally rapid heartbeat. Discontinue use and consult with your health care professional if you experience any adverse reaction to this product. Do not exceed recommended serving. Discontinue use two weeks prior to surgery.

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CarnoSyn®
Carnosine Synthesizer

CREATINE
MagnaPower®

CALCI-K®
ALBION

Nitrosigine®

NUTRABIO®

CLINICALLY DOSED

PRE

EXPLOSIVE PRE-WORKOUT PERFORMANCE IGNITER®

INCREASE POWER & ENDURANCE* | ACCELERATE GAINS* | INTENSIFY FOCUS & DRIVE†

Natural & Artificial Flavoring
Dietary Supplement
Net Wt. 1.2lb (564g)

WATERMELON



6G CITRULLINE
3.2G BETA ALANINE
2.7G FOCUS & STIM MATRIX
7.8G NITRIC OXIDE BOOSTERS

MANUFACTURED IN OUR
GMP & FDA
INSPECTED FACILITY
FDA Registration: 16906175560

SINCE 1996

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MADE IN USA
— WITH INGREDIENTS —
SOURCED WORLDWIDE



Supplement Facts

Serving size: 1 scoop (28.22 grams)
Servings per container: 20

	Amount Per Serving	% DV
Vitamin C (as ascorbic acid USP)	150mg	250%*
Vitamin B3 (as niacin)	30mg	150%*
Vitamin B6 (as pyridoxine HCl)	50mg	2500%*
Vitamin B12 (as methylcobalamin)	150mcg	2500%*
Calcium (Calci-K®)	95mg	10%*
Phosphorus (Calci-K®)	89mg	8%*
Magnesium (Creatine MagnaPower®)	40mg	10%*
Sodium	60mg	2%*
Potassium (Calci-K®)	80mg	2%*
Power, Strength & Endurance Complex (13.9g)		
L-Leucine (naturally fermented - vegan)	3.5g	†
CarnoSyn® Beta-Alanine (HPLC)	3.2g	†
PharmaPure™ Creatine Monohydrate (micronized, HPLC)	3g	†
Betaine Anhydrous (trimethylglycine, HPLC)	2.5g	†
Malic Acid	1.2g	†
Creatine MagnaPower® (Magnesium Creatine Chelate)	500mg	†
Nitric Oxide Pump Matrix (7.75g)		
L-Citrulline (fermented) (Kyowa Quality™)	6g	†
Agmatine Sulfate	1g	†
Nitrosigine® (nitol-stabilized arginine silicate)	750mg	†
Focus & Stim Matrix (2.69g)		
L-Tyrosine (HPLC)	1.5g	†
Choline Bitartrate (VitaCholine®)	500mg	†
Caffeine	350mg	†
Caffeine Anhydrous (HPLC) (250mg)		
Infineergy™ (as 133mg di-caffeine malate yielding 100mg caffeine)		
TheaPure™ L-Theanine (HPLC)	300mg	†
Huperzine A (from 10mg huperzia serrata leaf standardized extract)	100mcg	†
Electrolyte & Hydration Optimizer (2.71g)		
Taurine (HPLC)	2g	†
Calcium Potassium Phosphate Citrate (Calci-K®)	525mg	†
Sodium Phosphate	189mg	†

* Percent Daily Values (DV) are based on a 2000 calorie diet.

† Daily value (DV) not established.

Other Ingredients: Flavoring (natural & artificial flavors 625mg, sucralose 210mg, acesulfame potassium 30mg), beet powder (color) 30mg.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

FULL LABEL DISCLOSURE

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

Manufactured by: NutraBio Labs, Inc.
564 Lincoln Blvd., Middlesex, NJ 08846
www.nutrabilio.com / info@nutrabilio.com (732-748-8606)

PRODUCT FILLED TO THIS LEVEL