



# Supplement Facts

Serving Size: 2 Gummies  
Servings Per Container: 30

Amount Per Serving	% Daily Value	
Calories	15	
Total Carbohydrate	4 g	1%†
Total Sugars	3 g	**
Includes 3g Added Sugars		6%†
Vitamin A (as Retinyl Palmitate)	630 mcg RAE	70%
Vitamin C (Ascorbic Acid)	20 mg	22%
Vitamin D (as Cholecalciferol)	10 mcg	50%
Vitamin E (as dl-Alpha Tocopheryl Acetate)	7.4 mg	49%
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	118%
Folate	435 mcg DFE (260 mcg folic acid)	108%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	250%
Biotin	5100 mcg	17000%
Pantothenic Acid (as Calcium D-Pantothenate)	5.2 mg	104%
Iodine (as Potassium Iodide)	42 mcg	28%
Zinc (as Zinc Citrate)	2.7 mg	25%
Sodium	10 mg	0%
Inositol (as Inositol Niacinate)	40 mcg	**

†Percent Daily Values based on a 2,000 calorie diet.

\*\*Daily Value not established.

**Other Ingredients:** Glucose Syrup, Sugar, Water, Titanium Dioxide (For Color), Pectin, Citric Acid, Sodium Citrate, Natural Flavors, Coconut Oil, Blue 1 (For Color), and Carnuba Wax.