

**Suggested Use:** Add 1 heaping scoop of Muscle Matrix with 6 ounces of cold water or beverage (milk, almond milk, rice milk, juice, etc.) and mix in a shaker cup. To make a creamy smoothie add 2-3 ice cubes and put in blender for 20-30 seconds. Vary the amount of liquid to meet your desired taste and consistency.

**GLUTEN FREE | NON-GMO | BSE/TSE FREE**

Each serving Muscle Matrix contains 25 grams of pure, complete protein derived solely from 55% fast digesting Whey Protein Isolate and 45% slow digesting Micellar Casein. This precise combination of proteins promotes positive nitrogen balance and elevates muscle protein synthesis for up to 4 continuous hours providing the perfect anabolic state for maximizing muscle growth and repair.‡

- NO WHEY CONCENTRATE**  
**NO ION EXCHANGE WHEY**  
**NO PROPRIETARY BLENDS**  
**NO HIDDEN INGREDIENTS**  
**NO PRESERVATIVES**
- NO BANNED SUBSTANCES**  
**NO DEXTROSE/MALTODEXTRIN**  
**NO FILLERS, EXCIPIENTS or CREAMERS**  
**NO STARCH, WHEAT, YEAST or FISH**  
**NO ARTIFICIAL COLOR OR FLAVOR**

**HIGH CONCENTRATION OF BCAAs & AMINO ACIDS**

Shown is the typical amino acid profile per serving which is derived solely from whey protein isolate and micellar casein. Absolutely no amino acids or other ingredients have been added to spike protein values.

|                          |                         |                      |
|--------------------------|-------------------------|----------------------|
| Alanine.....1033mg       | Histidine.....508mg     | Proline.....1851mg   |
| Arginine.....706mg       | Isoleucine.....1399mg   | Serine.....1123mg    |
| Aspartic Acid.....2249mg | Leucine.....2450mg      | Threonine.....1368mg |
| Cysteine.....502mg       | Lysine.....2329mg       | Tryptophan.....390mg |
| Glutamic Acid.....4776mg | Methionine.....611mg    | Tyrosine.....958mg   |
| (Glutamine Precursor)    | Phenylalanine.....948mg | Valine.....1354mg    |
| Glycine.....444mg        |                         |                      |

\*\* Branched Chain Amino Acids

**SINCE 1996**

MANUFACTURED IN OUR  
**GMP & FDA**  
INSPECTED FACILITY  
FDA Registration: 16906175560



**MADE IN USA**



**NUTRABIO**

**MUSCLE MATRIX PROTEIN**

**2lb**

**55%** FAST RELEASE  
**WHEY PROTEIN ISOLATE**

PROVIDES UP TO 4 HOURS SUSTAINED RELEASE PROTEIN

**45%** SLOW RELEASE  
**MICELLAR CASEIN**

**25G**  
PROTEIN

**110**  
CALORIES

**5.2G**  
BCAAs

**NON-GMO**  
®/D

| Supplement Facts                                                                         |               |
|------------------------------------------------------------------------------------------|---------------|
| Serving size: 1 scoop (30.51 grams)                                                      |               |
| Servings per container: 29.73                                                            |               |
| Amount Per Serving                                                                       | % Daily Value |
| Calories 110                                                                             |               |
| Total Fat 0.5g                                                                           | <1%*          |
| Cholesterol 10mg                                                                         | 3%*           |
| Total Carbohydrate 2g                                                                    | <1%*          |
| Total Sugars <1g                                                                         | †             |
| Protein 25g                                                                              | 50%*          |
| Calcium 381mg                                                                            | 30%*          |
| Phosphorus 170mg                                                                         | 15%*          |
| Magnesium 13mg                                                                           | 4%*           |
| Sodium 85mg                                                                              | 4%*           |
| Potassium 125mg                                                                          | 2%*           |
| <b>Whey Protein Isolate</b> 16.31g †                                                     |               |
| (CFM cross flow micro and ultra-filtered WPI90, Cold processed.)                         |               |
| (Instantized with sunflower lecithin. Yielding 14.19g complete protein.)                 |               |
| <b>Micellar Casein</b> 13.35g †                                                          |               |
| (Cold processed. Instantized with sunflower lecithin. Yielding 10.81g complete protein.) |               |
| <b>Flavoring</b> 852mg †                                                                 |               |
| (Natural flavor 500mg, xanthan gum 167mg, sucralose 75mg, salt 110mg)                    |               |
| * Percent Daily Values are based on a 2000 calorie diet.                                 |               |
| † Daily Value not established.                                                           |               |

Other Ingredients: ABSOLUTELY NONE.

Contains: Milk.

This product is intended as a dietary supplement only. Do not use as a sole source of nutrition.

THIS PRODUCT IS SOLD BY WEIGHT, NOT VOLUME. SOME SETTLING OF CONTENTS MAY HAVE OCCURRED DURING THE SHIPPING AND HANDLING. STORE IN A COOL DRY PLACE. SERVING SCOOP INCLUDED (MAY SETTLE TO THE BOTTOM DURING SHIPPING.)

‡These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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**FULL LABEL DISCLOSURE**

NO PROPRIETARY BLENDS | EVERY INGREDIENT DISCLOSED WITH DOSAGE

View Independent Lab Results

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ALPINE VANILLA