

Suggested Use: As a dietary supplement, mix one scoop with about 8 oz. of cold, pure water or juice. FOR DAILY USE.

Supplement Facts

Serving Size 7 grams (approx. 1 Scoop) Servings Per Container 30

Amount Per Serving	% Daily Value*	
Calories	25	
Total Carbohydrate	6 g	2%*
Vitamin D (as cholecalciferol)	1,000 IU	250%
EverStrong® Muscle Matrix Blend	5.1 g	
Creapure® Creatine Monohydrate		†
CoffeeBerry® Whole Coffee Fruit Concentrate (50 mg naturally occurring caffeine)		†
Boron (FruiteX-B® PhytoBoron)		†
Stevia Leaf Extract	140 mg	†

*Percent Daily Value based on a 2,000 calorie diet.

† Daily Value not established.

Other ingredients: Citric acid, organic rice syrup solids, natural flavors, silicon dioxide, beet root powder (color).

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CoffeeBerry® contains moderate levels of natural caffeine. One serving of EverStrong® contains the caffeine equivalent of about a half of a cup of coffee.