

ESSENTIAL®

MINTS

ALL NATURAL
BEDTIME*
PEPPERMINT
WITH MELATONIN
AND GABA

20 Pieces • Dietary Supplement

With 1.6mg Melatonin & 90mg GABA Per Serving

Supplement Facts: Serv. Size: 5 mints (5g), Servings: 4, Amount Per Serving: Calories 19, Total Carb. 5g (2%* DV), Sugars 4g, Melatonin 1.6mgt, GABA (gamma-aminobutyric acid) 90mgt. *Percent Daily Values (DV) are based on a 2,000 calorie diet. *Daily Value Not Established

OTHER INGREDIENTS: CANE SUGAR, CHAMOMILE, RICE SYRUP, GUM ARABIC, COCOA EXTRACT, CITRIC ACID, TAPIOCA STARCH, DEXTRIN, CALCIUM PHOSPHATE, POTASSIUM CITRATE, PEPPERMINT OIL, REBAUDIOSIDE A, SUCROSE, WATER, SPIRULINA EXTRACT, DEHYDRATED BEETS, TITANIUM DIOXIDE, SIMETHICONE, ZEIN

SUGGESTED USE: Take 4-10 mints per day. Do not to exceed 30 mints or 5 servings per day.

CAUTION: Do not take if you are pregnant or nursing. Consult with doctor before use if you are on medication or have a medical condition. Not intended for anyone under the age of 18. WARNING: Do not exceed 5 servings hourly or 10 servings daily. Patent Pending.

*This product has not been evaluated by the Food and Drug Administration.

This product is not intended to diagnose, treat, cure or prevent any disease.

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