

biotin

10,000 mcg

helps support healthy hair and skin**
quick dissolve melts in your mouth



60 TABLETS
DIETARY SUPPLEMENT

**These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% Daily Value
Biotin (as d-Biotin) 10,000 mcg	3,333%

Ingredients: Mannitol, Dicalcium Phosphate, Croscovidone, Beet Color, Microcrystalline Cellulose, Biotin, Magnesium Stearate, Carmine Color, Sucralose, Stearic Acid, Natural Flavor.

Questions? Call 1-888-547-7400

GLUTEN FREE

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ENERGY METABOLISM**

Biotin plays a role in hair and skin health.** In addition, biotin is essential for carbohydrate, protein and fat metabolism.**

Suggested Use: Adults, take one tablet daily. Allow tablet to dissolve in your mouth, or chew tablet, before swallowing. Do not exceed recommended dose.

Caution: If you are pregnant or nursing a baby, taking any medication, or have a medical condition, consult your doctor before taking this product.

KEEP OUT OF REACH OF CHILDREN.

Store in a dry place
at room temperature
(59°F-86°F).

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