

SUGGESTED USE: Adults take 2 softgels a day preferably at mealtime or before bedtime, or as directed by your health care professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement. Consult with your physician if you use blood thinners or are planning to have surgery.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

This product is PCB tested and guaranteed to be within Prop 65 limits.

Manufactured Exclusively For:
Vigorganic Laboratories

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Five cents of the proceeds will go toward several charity foundations.



VIGO ESSENTIALS
INVIGORATING YOUR HEALTH

Omega-3

Fish Oil



- ✓ Supports Healthy Heart and Brain Function*
- ✓ Anti-inflammatory Properties*
- ✓ Supports Healthy Joints, Skin, and Vision*

60 Softgels

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 2 Softgels

Servings Per Container: 30

	Amount Per Serving	% DV
Calories (energy)	20	
Calories from fat	20	
Total Fat	2 g	3%
Saturated Fat	0 g	0%
Polyunsaturated Fat	0 g	†
Monounsaturated Fat	0 g	†
Trans Fat	0 g	
Omega-3 Fatty Acids	1,500 mg	†
EPA (Eicosapentaenoic Acid)	816 mg	†
DHA (Docosahexaenoic Acid)	544 mg	†
Other Omega-3 Fatty Acids	140 mg	†

% Daily Value (DV) based on a 2,000 calorie diet.

† % Daily Value (DV) not established.

Ingredients: Highly Refined Omega-3 Fish Oil (anchovies, mackerel, sardines), Capsule (gelatin, glycerin, purified water and natural lemon flavoring), and Antioxidant (mixed natural tocopherols (soy)).



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Recycle.