



100%
Ashwagandha Powder
Withania somnifera

Plant part used : Leaf
Supports energy, strength & vitality
Dietary Supplement



100 g (3.5 oz)



* In Ayurveda, Ashwagandha is considered as a Rasayana. It helps nourish each & every part of the body. It helps the body in managing stress and supports muscle strength. It is known to calm the nerves & support healthy immune system.

Supplement Facts

Serving Size : 2g

Serving Per Container 50

	Amount Per Serving	%DV*
Ashwagandha leaf powder (Withania somnifera)	2g	†

% DV* are based on a 2000 Calorie diet.
† Daily Value not established

Extreme Fine Granularity
Heavy Metal Tested