



Supplement Facts

Serving Size: 4 Veggie Capsules

Servings Per Container: 90

Amount Per Serving		%DV
Vitamin A (as retinyl palmitate)	1920 IU	38%
Vitamin C (as ascorbic acid)	200 mg	333%
Vitamin D (as cholecalciferol)	1000 IU	250%
Vitamin E (as d-alpha tocopheryl succinate)	120 IU	400%
Vitamin K (as phyloquinone & menaquinone-7)	40 mcg	50%
Thiamin (as thiamine mononitrate)	20 mg	1333%
Riboflavin	6 mg	353%
Niacin (as niacinamide)	30 mg	150%
Vitamin B ₆ (as pyridoxine hydrochloride)	23.3 mg	1167%
Folate (as calcium L-5 methyltetrahydrofolate)	267 mcg	67%
Vitamin B ₁₂ (as adenosylcobalamin & methylcobalamin)	300 mcg	5000%
Biotin	360 mcg	120%
Pantothenic acid (as d-calcium pantothenate)	10 mg	100%
Calcium (as NutraTek™ chelation complex)	440 mg	44%
Iron (as NutraTek™ chelation complex)	4.6 mg	25%
Phosphorus (as NutraTek™ chelation complex)	280 mg	28%
Iodine (as NutraTek™ chelation complex)	68 mcg	45%
Magnesium (as NutraTek™ chelation complex)	200 mg	50%
Zinc (as NutraTek™ chelation complex)	16 mg	107%
Selenium (as NutraTek™ chelation complex)	68 mcg	97%
Copper (as NutraTek™ chelation complex)	2.4 mg	120%
Manganese (as NutraTek™ chelation complex)	3.2 mg	160%
Chromium (as NutraTek™ chelation complex)	208 mcg	173%
Molybdenum (as NutraTek™ chelation complex)	48 mcg	64%
Potassium (as NutraTek™ chelation complex)	80 mg	2%
Proprietary blend	596 mg	†
Choline bitartrate, alpha-lipoic acid, mineral wax, inositol, acetyl-L-carnitine, grape seed extract, ginkgo biloba leaf extract, N-acetyl-L-cysteine, L-methionine, trace minerals as NutraTek™ chelation complex: lithium orotate, boron, vanadium, nickel.		

† Daily Value (%DV) not established.

Other ingredients: Vegetarian capsule (hypromellose), microcrystalline cellulose, magnesium stearate, silicon dioxide, titanium dioxide.