Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 120

Amount Per Serving		%DV
Vitamin A (as natural beta-carotene; from *D. salina* with full-spectrum carotenoids)	900 mcg RAE	100%
Vitamin C (natural; from Organic Acerola Cherries (fruit))	90 mg	100%
Vitamin D3 (as natural cholecalciferol; from Wild-harvested Lichen)	(800 IU) 20 mcg	100%
Vitamin E (natural; from Organic Rice Bran)	15 mg	100%
Vitamin K2 (as natural menaquinone-7; from *B. licheniformis*)	120 mcg	100%
Thiamine (natural)	1.2 mg	100%
Riboflavin (natural)	1.3 mg	100%
Niacin (as natural niacinamide)	16 mg	100%
Vitamin B6 [as natural pyridoxal 5'-phosphate (P-5-P)]	1.7 mg	100%
Folate [as Quatrefolic® (6S)-5-methyltetrahydrofolate (L-5-MTHF)]	400 mcg DFE	100%
Vitamin B12 (as natural methylcobalamin)	2.4 mcg	100%
Biotin (natural)	30 mcg	100%
Pantothenic Acid (natural)	5 mg	100%
Calcium (plant-based, as Aquamin® from algae & natural citrate)	100 mg	8%
Iron (as natural ferrous fumarate)	9 mg	50%
Phosphorus (natural)	60 mg	5%
Iodine (from Organic Kelp)	100 mcg	67%
Magnesium (as natural citrate)	100 mg	24%
Zinc (as natural amino acid chelate)	10 mg	91%
Selenium (as yeast-free L-selenomethionine)	50 mcg	91%
Copper (as natural amino acid chelate)	0.5 mg	56%
Manganese (natural)	1.5 mg	65%
Chromium (organically bound w/GTF activity)	30 mcg	86%
Molybdenum (natural Krebs complex)	40 mcg	89%
Organic Fruit & Vegetable Blend	60 mg	*
Organic Carrot (root)	10 mg	*
Organic Blueberry (fruit)	10 mg	*
Organic Kale (whole plant)	10 mg	*
Organic Pomegranate (fruit)	10 mg	*
Organic Raspberry (fruit)	10 mg	*
Organic Spinach (whole plant)	10 mg	*

*Daily value not established.

Other Ingredients: Vegetable Cellulose Capsule

Best Before: See date on bottom ▶

NATURELO®
PREMIUM SUPPLEMENTS

ONE DAILY MULTIVITAMIN

FOR WOMEN

120 VEGETARIAN CAPSULES

DIETARY SUPPLEMENT

PROVIDES NATURAL SUPPORT FOR ENERGY, IMMUNITY, & BONE HEALTH*

NO GMOs

NO SOY

NO GLUTEN

VEGAN & VEGETARIAN

Suggested Use: Take one (1) capsule daily with a meal and a full glass of water.

Does NOT contain GMOs, soy, gluten, yeast, sugar, dairy, eggs, corn, nuts, caffeine, preservatives, or animal-derived ingredients. Suitable for vegans and vegetarians.

Caution: Store in a cool, dry place. As with any dietary supplement, consult your healthcare practitioner before using this product. Do not use if seal is missing.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Aquamin® is a registered trademark of Marigot Limited. Quatrefolic® is a registered trademark of Gnosis SPA Corp. Produced under US patent 7,947,662.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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GMP Manufacturing Practice Consistent Quality

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