

Whole Food Blueberries & Flax Seed

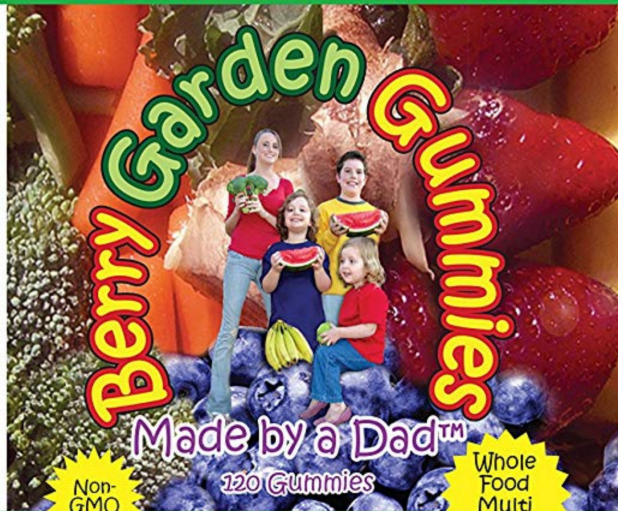


Garden to Gummy, Made by a Dad™
Parents, never throw away another bottle of Vitamins again! Imagine your family getting the benefits of your garden in a plant based multivitamin blend. Berry Garden Gummies are a great tasting, 100% natural, plant based multivitamin packed with fruits, vegetables, flax seed, and ginger designed to give your kids Folate, B Vitamins, antioxidants, and natural vitamins. Kids love them and you will, too!

What is plant based? We derive our vitamins and minerals from plant sources such as Guava, Lemon, and Holy Basil.

- Vitamins and Minerals derived from Plant Based Whole Foods
 - **Natural Vitamin C**
- Brain Support / B Vitamins
- Immune Support / Berries
- Great Source of Folate
 - Ginger & Flax Seed
 - Omega-3 EFA
 - Calcium & Minerals
- No Synthetic Vitamins

Gluten, Soy & Dairy Free



Kids Dietary Supplement
Natural Orange, Cherry & Lime Flavors

Supplement Facts

Serving Size: 2 Gummy Bears; Servings Per Container: 60

	Amount Per Serving	%Daily Value*
Calories	11	
Total Carbohydrates	3 g	
Sugar	2 g	

Certified Organic blend of Guava, Lemon, Sesbania, Amla, Holy Basil, Annatto Extracts: 160 mg

Mixed Carotenoids	100 IU	25.00%
Natural Vitamin B1	2.5 mg	277.78%
Natural Vitamin B2	2.5 mg	277.78%
Natural Vitamin B3	3.5 mg	29.17%
Natural Vitamin B5	6 mg	150.00%
Natural Vitamin B6	5 mg	416.67%
Natural Vitamin B9	40 mcg	13.33%
Natural Vitamin C	10 mg	22.22%
Natural Vitamin E	10 IU	60.98%
Natural Biotin	10 mcg	50.00%
Natural Iron	0.001 mg	0.01%
Natural Magnesium	0.2 mg	0.08%
Natural Zinc	0.75 mg	9.38%
Natural Copper	0.15 mcg	0.02%
Natural Chromium	12 mcg	57.14%
Natural Manganese	0.2 mg	12.50%
Natural Potassium	2 mg	0.04%
Natural Selenium	7 mcg	17.50%
Natural Calcium	2 mg	0.15%

Nature's Dynamics Berry Garden Blend: 135 mg†

Organic Flax Seed Powder, Organic Orange Juice Powder, Organic Pineapple Juice Powder, Organic Broccoli Powder, Organic Tomato Powder, Organic Cranberry, Organic Ginger Extract 5%, Papaya Juice Powder, Organ-P (Organic Pomegranate Extract 50%), Organic Apple Powder, Organic Blueberry Powder, Organic Kale Powder, Organic Parsley Powder, Organic Spinach Powder

*Percentage Daily Values are based on a 2000 calorie diet.

† Daily Value not established

Other ingredients: Organic Rice Syrup, Organic Cane Sugar, Water, Gelatin, Non Gmo Citric Acid, Natural Flavor, Pectin (Derived from Fruit), Vegetable Oil (Coconut) and Carnauba Leaf Wax (For Anti-Sticking).

No Trans Fat, Dyes, or Colors

Suggested Use:

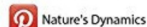
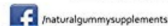
Ages 2-3: 1 Gummy Daily

Ages 4-8: 2 Gummies Daily

Ages 9+: 3 Gummies Daily

Questions? 1-800-450-9960

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* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to treat, cure, or prevent any disease.

Please advise your health practitioner before taking this or any other supplement

Whole Food Carrots - Antioxidants

naturesdynamics.com