

TOTAL WEIGHT 400 g

Max Effort



PRE WORKOUT

MAXEFFORTMUSCLE.COM

Supplement Facts

Serving Size: 12.2 g

Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin C (Ascorbic Acid)	300mg	333%*
Vitamin B6 (as Pyridoxine HCl)	20mg	1,182%*
Vitamin B12 (as Methylcobalamin)	500 mcg	20,833%*
Choline (as Choline Bitartrate)	308 mg	56%*
Citrulline Malate	3,000 mg	**
CarnoSyn® Beta Alanine	2,000 mg	**
CreaPure® (Creatine Monohydrate)	1,500 mg	**
Agmatine Sulfate	750 mg	**
Choline Bitartrate	750 mg	**
L-Leucine	750 mg	**
L-Valine	500 mg	**
Caffeine Anhydrous	350 mg	**
L-Isoleucine	250 mg	**
Hawthorne Berry	200 mg	**
DiCaffeine Malate	60 mg	**
Caffeine Citrate	30 mg	**
Bioperine®	10 mg	**
Huperzine A	100 mcg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) Not Established.

Other Ingredients: Natural & Artificial Flavors, Citric Acid, Silicon Dioxide, Malic Acid, Sucralose, and Red Beet Powder (For Color)

PRE WORKOUT

Max Effort Muscle's Pre Workout is here to intensify your training to a whole new level. Our Pre Workout is loaded with clinically tested ingredients such as Citrulline Malate and Agmatine Sulfate for insane pumps, enhanced N.O. production, and increased blood flow. For greater energy output and laser focus, we've included three forms of Caffeine, and added BCAA's for increased endurance and recovery. With Max Effort, there's no hiding behind proprietary blends. You know exactly what you're putting in, so now it's time give your workout MAX EFFORT!



SUGGESTED USAGE:

Mix one scoop Pre-Workout in 12-16 oz. of water and consume 20-30 minutes before working out.

WARNINGS: For healthy adults 18 years of age or older ONLY. Consult with Physician, if using prescription or over the counter medications, or have pre-existing conditions like: high/low blood pressure, cardiac arrhythmia, stroke, heart, liver, kidney or thyroid disease, seizure disorder, psychiatric disease, diabetes, prostate enlargement. Do not use: with caffeine/stimulants; alcohol, nitrates, under extreme conditions of heat, sleep deprivation or dehydration. Do not exceed recommended serving or use if safety seal is broken. KEEP OUT OF REACH OF CHILDREN.

ALLERGEN WARNING: This product was produced in a facility that may also process ingredients containing milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans.

Exclusively Developed & Manufactured for:
Max Effort Muscle 60 Anthony Drive Newark Ohio 43055 USA

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