

NTENSEGROW

Supplement Facts

Serving Size 2 Capsules Servings per Container: 30

Amount per Serving % Daily Value
Niacin 40 mg 200%

Niacin	40	mg	200%
Folic Acid	600	mcg	150%
Vitamin B-12 (as cyanocobalamin)	200	mcg	3333%
	1200	mcg	400%
Pantothenic Acid	100	mg	1000%
(as calcium-D-pantothenate)			
lodine (as potassium iodide)	225	mcg	150%
Magnesium (as magnesium oxide)	20	mg	5%
Zinc (as zinc oxide)	40	mg	267%
	.004	mg	<1%
Manganese (as manganese sulfate)	6.4	mg	320%
Inositol	500	mg	t
Amino Acid Complex (Whey Protein Isolate)	168	mg	t
Choline Bitartrate	80	mg	†

** Daily Value not established

AMINO ACIDS - BCAAS

		1	(3)
Alanine	5.3%	Lysine	8.8%
Arginine	2.2%	Methionine	2.2%
Aspartic Acid	11.9%	Phenylalanine	2.6%
Cysteine	2.7%	Proline	7.8%
Glutamic Acid	18.9%	Serine	5.3%
Glycine	1.7%	Threonine	4.9%
Histidine	2.1%	Tryptophan	1.9%
Isoleucine	4.7%	Tyrosine	3.2%
Leucine	8.3%	Valine	4.4%

Other Ingredients: Gelatin (Capsule), Dicalcium phosphate, Rice flour, Vegetable stearate, Silicon dioxide

Contains: Milk and Soy