



Formulated by Dr. Tori Hudson, a Naturopathic Physician specializing in women's natural health.

Adrenal Assist™ provides key nutrients and botanicals to support adrenal response to stress and support the ability to adapt to stressors and restore balance.*

Suggested Use: Three (3) capsules daily. Also suitable for men.

Avoid with immunosuppressive medications, a history of hormone sensitive cancer, and during pregnancy and lactation. Caution with insomnia, bi-polar, thyroid medications or sedative medications.

This product contains no: preservatives, binders, artificial colorings or flavorings, sugars, lactose, salt, wheat, gluten, soybeans, milk derivatives, eggs, peanuts, tree nuts, fish or shellfish.

Tamper resistant: please do not use if safety seal is broken or missing.

Keep in a cool, dry place out of reach of children.

Adrenal Assist™ is suitable for vegetarians and vegans.



VITANICA®



ADRENAL ASSIST™

ADRENAL SUPPORT*

FORMULATED BY DR. TORI HUDSON

Dietary Supplement

90 Vegetarian Capsules



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Actual Size

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Supplement Facts

Serving Size 3 Capsules, 30 Servings per Container

Amount per Serving	% Daily Value	
Vitamin C, buffered (as calcium ascorbate)	500 mg	832
Vitamin B6 (as pyridoxal-5-phosphate)	50 mg	2500
Vitamin B5 (as calcium pantothenate)	100 mg	1000
Calcium (as calcium ascorbate)	57 mg	6
Magnesium (as magnesium bisglycinate chelate)	50 mg	12
Zinc (as zinc bisglycinate chelate)	10 mg	67
Rhodiola rosea root extract	200 mg	†
Astragalus root ~ Astragalus membranaceus	150 mg	†
Maca root ~ Lepidium meyenii	125 mg	†
Ashwagandha root extract ~ Withania somnifera	100 mg	†
Holy basil leaf extract ~ Ocimum sanctum	100 mg	†
American Ginseng root extract ~ Panax quinquefolius	100 mg	†
Schisandra berry ~ Schisandra chinensis	75 mg	†
Eleutherococcus senticosus root extract (70:1)	50 mg	†
† Daily Value not established		

Other ingredients: Vegetarian capsule (HPMC, water), calcium laurate.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.