3 ma

Amount Per Serving % Daily Value

Melatonin

† Daily Values not established

OTHER INGREDIENTS: Lactose (Milk), Microcrystalline Cellulose, Natural Peppermint Flavor, Croscarmellose Sodium, Magnesium Stearate (Vegetable Source). CONTAINS MILK.

Dist. & Sold Exclusively By: Trader Joe's, 800 S. Shamrock Ave., Monrovia, CA 91016 PRODUCT OF CANADA

STORE IN A COOL DRY PLACE. KEEP OUT OF REACH OF CHILDREN

TRADER JOE'S ® SUGGESTED USE: Take one (1) tablet daily, preferably 30 to 60 minutes before bedtime

CHEWABLE

## Melatonin

PEPPERMINT FLAVOR
3 mg

DIETARY SUPPLEMENT

preferably 30 to 60 minutes before bedtime, or as directed by a health professional.

WARNING: Do not exceed the recommended

WARNING: Do not exceed the recommended dosage. Do not use if taking any medications or supplements containing valerian or 5-HTP. May cause drowsiness. Do not drive or operate machinery while taking this product.

People with medical concerns should check with their physician before using this or any dietary supplement.



TABLET

100 TABLETS

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