

+One serving of Men's Super Foods Multi gummies contains the antioxidant equivalent of one average serving of fruits and vegetables.

10 SUPER FOODS

Say hello to the mother lode from mother earth. These 10 heroic super foods are rich in rare phytonutrients with powerful antioxidant activity to supercharge your health and then some.*



Pomegranate



Acai



Watercress



Grape



Beet



Elderberry



Tamarind



Wheat Grass



Papaya



Blueberry



60

GUMMIES

DIETARY SUPPLEMENT

MEN'S SUPER FOODS MULTI

A complete multivitamin plus a boost of super fruits & veggies*

30 DAYS

MIGHTY GRAPE with other Natural Flavors

THE SUPED-UP MULTI

Even if you're a fearless forager, filling half your plate with fruits and veggies can be a daunting task. Not to worry. Here's a complete multi packed with the vitamins and minerals you need daily. Plus a powerful boost of phytonutrients from 10 of nature's superest foods.* Go on with your super self.

EXPERTLY BLENDED

B6 250% DV VITAMIN B6 | **B12** 250% DV VITAMIN B12 | **D3** 125% DV VITAMIN D

C 75% DV VITAMIN C | **A** 100% DV VITAMIN A | **E** 100% DV VITAMIN E

VEGETARIAN No Artificial Flavors or Colors Gluten Free

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Suggested Use: Take two gummies per day. No food or water needed. Chew thoroughly before swallowing.

Supplement Facts

Serving Size 2 Gummies / Servings Per Container 30

Amount Per Serving	% Daily Value†	Amount Per Serving	% Daily Value†
Calories	20	Pantothenic Acid (as calcium-D-pantothenate)	10 mg 100%
Total Carbohydrate	5 g 2%	Iodine (as potassium iodide)	150 mcg 100%
Sugars	3 g **	Chromium (as chromium chloride)	60 mcg 50%
Vitamin A (as retinyl palmitate)	5000 IU 100%	Sodium	15 mg <1%
Vitamin C (as ascorbic acid)	45 mg 75%	OLLY Phytonutrient-Rich Super Foods Blend	250 mg **
Vitamin D3 (as cholecalciferol)	500 IU 125%	Grape Extract (seed, skin and pulp); Juice Powders:	
Vitamin E (as dl-alpha-tocopheryl acetate)	30 IU 100%	Elderberry (<i>Sambucus nigra</i> , fruit), Acai (<i>Euterpe oleracea</i> , fruit), Pomegranate (fruit), Blueberry (fruit), Papaya (fruit), Beet (root), Organic Wheat Grass (sprout), Tamarind (fruit); Watercress (aerial parts)	
Vitamin B1 (as thiamine hydrochloride)	375 mcg 25%		
Vitamin B2 (as riboflavin)	425 mcg 25%		
Niacin (as niacinamide)	10 mg 50%		
Vitamin B6 (as pyridoxine hydrochloride)	5 mg 250%		
Folic Acid	400 mcg 100%		
Vitamin B12 (as cyanocobalamin)	15 mcg 250%		
Biotin (as d-biotin)	300 mcg 100%		

Other Ingredients: Glucose Syrup, Beet Sugar, Water, Pectin, Natural Flavor, Citric Acid, Vegetable Oil & Carnauba Wax (to prevent sticking).

Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat.

Take only as directed. Do not exceed suggested dosage. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Do not use if inner seal is broken or missing.

KEEP OUT OF THE REACH OF CHILDREN
Store in a cool, dry place.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Distributed by: **OLLY Public Benefit Corp.**
San Francisco, CA 94129
hello@OLLY.com · 1-844-HEY-OLLY