

OVER 40 YEARS OF TRUSTED QUALITY

At Nature's Bounty, we are committed to your health. For over 40 years we have been making trusted products, backed by science, and made with only the purest ingredients...guaranteed. So you can get the most out of life every day.



- ✓ Clinically Studied Ingredient
- ✓ Guaranteed Quality
- ✓ Laboratory Tested

Nature's Bounty Melatonin helps promote a tranquil sleep so you can awaken refreshed and revitalized.* Melatonin is an excellent choice for people experiencing occasional sleeplessness.*

Non-GMO, No Artificial Flavor, No Artificial Sweetener, No Preservatives, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Fish. Sodium Free.

📞 Nutrition Questions or Comments?
Call 1-800-433-2990
Mon. - Sat. 9 AM - 7 PM ET

Join our Loyalty Program at
NaturesBountyRewards.com

Prod. No. 88745 B29615 02C



NATURE'S BOUNTY®

Melatonin

5mg | 100% Drug Free
Sleep Aid*

Promotes Relaxation & Sleep*

SLEEP HEALTH



90 Rapid Release Softgels

DIETARY
SUPPLEMENT

DIRECTIONS: For adults, take one (1) softgel at bedtime as Melatonin may produce drowsiness.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%Daily Value
Melatonin	5 mg **

**Daily Value not established.

Other Ingredients: Soybean Oil, Gelatin, Vegetable Glycerin, Yellow Beeswax. **Contains <2% of:** Soy Lecithin, Titanium Dioxide Color.

Contains soy ingredients.

WARNING: Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Do not drive, operate machinery or consume alcohol when taking this product. Limit use to two months with a break of one week. Not intended for use by persons under the age of 18. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

★ **Made in The USA** with select ingredients from around the world

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Carefully Manufactured by **NATURE'S BOUNTY, INC.**
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