

Suggested use: One tablet daily.
Can be taken anytime,
even on an empty stomach.

Certified Gluten Free by NSF; 100% vegetarian;
no artificial flavors or colors.

Get the *Whole Truth*! Sign up for our
e-newsletter at newchapter.com/newsletter

Please refer to newchapter.com for more
information about this product and its benefits.

Caution: As with any dietary or herbal supplement, you
should advise your healthcare practitioner of the use of
this product. If you are nursing, pregnant, or considering
pregnancy, you should consult your healthcare
practitioner prior to using this product.

WARNING: Accidental overdose of iron-containing products is a
leading cause of fatal poisoning in children under 6. Keep this
product out of reach of children. In case of accidental overdose,
call a doctor or poison control center immediately.

***This statement has not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat,
cure, or prevent any disease.**

The New Chapter® Money-Back Guarantee
We proudly stand behind every product we make.
However, if you are not satisfied, please visit
www.newchapter.com/guarantee for refund details.

Please recycle this bottle after use.

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NEWCHAPTER®

MADE WITH ORGANIC VEGETABLES AND HERBS



**every woman's
ONE DAILY MULTI**

**Whole-Food Fermented Multivitamin
with Nutrients for Stress, Immune
and Bone Support***

Can be taken on an empty stomach

96 Vegetarian Tablets

DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene from ferment media)	5000 IU 100%	Zinc (as zinc oxide from ferment media)	7.5 mg 50%
Vitamin C (as ascorbic acid from ferment media)	60 mg 100%	Selenium (as selenium dioxide from ferment media)	50 mcg 71%
Vitamin D3 (as cholecalciferol from ferment media)	1000 IU 250%	Copper (as copper sulfate anhydrous from ferment media)	750 mcg 38%
Vitamin E (as d-alpha-tocopheryl acetate from ferment media)	30 IU 100%	Manganese (as manganese chloride from ferment media)	1 mg 50%
Vitamin K (as phyloquinone [K1] from ferment media and as menaquinone-7 [K2] from natto)	80 mcg 100%	Chromium (as chromium chloride from ferment media)	60 mcg 50%
Thiamin (as thiamine hydrochloride from ferment media)	1.5 mg 100%	Molybdenum (as sodium molybdate from ferment media)	10 mcg 13%
Riboflavin (from ferment media)	1.7 mg 100%		
Niacin (as niacinamide from ferment media)	20 mg 100%	Stress and Energy Support Blend (from ferment media)	37.5 mg •
Vitamin B6 (as pyridoxine hydrochloride from ferment media)	2 mg 100%	Organic Schizandra (berry), Organic Maca (root), Organic Chamomile (flower)	
Folate (as folic acid from ferment media)	400 mcg 100%	Hormone Support Blend (from ferment media)	22.5 mg •
Vitamin B12 (as cyanocobalamin from ferment media)	12 mcg 200%	Organic Chaste Tree (berry), Organic Red Clover (flower), Organic Raspberry (leaf)	
Biotin (from ferment media)	150 mcg 50%	Immune Support Blend	15 mg •
Pantothenic Acid (as calcium D-pantothenate from ferment media)	10 mg 100%	European Elder (berry) extract, Organic Eleuthero (root) from ferment media, Organic Astragalus (root) from ferment media	
Calcium (from algae <i>Lithothamnion calcareum</i>)	25 mg 3%	Ginger (rhizome) 3.2 mg aqueous extract and 0.8 mg organic supercritical extract	4 mg •
Iron (as ferrous fumarate from ferment media)	3 mg 17%	Organic Turmeric (rhizome) 2.7 mg from ferment media and 0.8 mg supercritical extract	3.5 mg •
Iodine (as potassium iodide from ferment media)	75 mcg 50%		

* Daily Value (DV) not established

Other ingredients: Ferment media (organic soy flour, organic gum acacia, organic *Saccharomyces cerevisiae*, organic maltodextrin, organic orange
peel powder, organic carrot powder, organic alfalfa powder, lactic acid bacteria [*Lactobacillus acidophilus*, *Bifidobacterium bifidum* and *Lactobacillus*
rhamnosus], papain [deactivated], bromelain [deactivated], organic molasses and organic safflower oil), organic gum acacia, silicon dioxide, lac resin,
magnesium oxide, carnauba wax and maltodextrin.

Contains: Fermented soy.

Distributed by NEW CHAPTER, INC.
90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301

For questions or comments call 888-874-4461

Certified Organic by International Certification Services, Inc., Medina, ND, USA



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