

Vitality

ESSENTIAL

Nutrition Pack

4 PATENTED OR PROPRIETARY FORMULAS

30 AM & PM PACKETS



WOMEN'S DIETARY SUPPLEMENT

Vitality

ESSENTIAL™

Nutrition Pack

30 AM & PM PACKETS

WOMEN'S DIETARY SUPPLEMENT

Vitality Multivitamin & Mineral™
Oligo U.S. Patents 8,273,393 & 8,697,158



Supplement Facts

Serving Size 2 Tablets

	Amount Per Serving	% DV†
Vitamin A (as beta-carotene)	3000 IU	60%
Vitamin C (as ascorbic acid)	150 mg	250%
Vitamin D (as cholecalciferol)	200 IU	50%
Vitamin E (as d-alpha tocopheryl succinate)	30 IU	100%
Vitamin K (as phytonadione)	28 mcg	35%
Thiamin (as thiamin HCl)	15 mg	1000%
Riboflavin	17 mg	1000%
Niacin (as niacinamide)	75 mg	375%
Vitamin B6 (as pyridoxine HCl)	10 mg	500%
Folate (as folic acid)	800 mcg	200%
Vitamin B12 (as cyanocobalamin)	12 mcg	200%
Biotin (as d-biotin)	300 mcg	100%
Pantothenic Acid (as calcium pantothenate)	20 mg	200%
Calcium (as calcium carbonate, dicalcium phosphate, calcium citrate, calcium gluconate, calcium amino acid oligofructose complex)	250 mg	25%
Iron (as iron amino acid oligofructose complex)	9 mg	50%
Iodine (as iodine amino acid oligofructose complex)	150 mcg	100%
Magnesium (as magnesium oxide, magnesium lactate, magnesium citrate, magnesium amino acid oligofructose complex)	200 mg	50%
Zinc (as zinc amino acid oligofructose complex)	15 mg	100%
Selenium (as selenium amino acid oligofructose complex)	105 mcg	150%
Copper (as copper amino acid oligofructose complex)	3 mg	150%
Manganese (as manganese amino acid oligofructose complex)	2.5 mg	125%
Chromium (as chromium amino acid oligofructose complex)	120 mcg	100%
Molybdenum (as molybdenum amino acid oligofructose complex)	75 mcg	100%
Boron (as boron amino acid oligofructose complex)	150 mcg	†

† Daily Value not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, hydroxypropyl methylcellulose, silicon dioxide, magnesium stearate, hydroxypropyl cellulose, polyethylene glycol, stearic acid, vanillin.



CardiOmega EPA™ (AM Packet only)

Supplement Facts

Serving Size 1 Softgel

	Amount Per Serving	% DV†
Calories	9	
Calories from Fat	9	
Total Fat	1 g	2%
Fish Oil Concentrate	1000 mg	
500 mg EPA (Eicosapentaenoic Acid)		†
50 mg DHA (Docosahexaenoic Acid)		†

† Daily Value (DV) not established.

Other ingredients: Gelatin, natural citrus flavoring, caramel color, rosemary extract, ascorbyl palmitate, ascorbic acid, soy lecithin, d-alpha tocopherol.
Contains: Fish oil (from anchovy, mackerel, sardine, and/or salmon), soy.

CellWise®

U.S. Patent 8,491,939

Supplement Facts

Serving Size 2 Tablets

	Amount Per Serving	% DV†
Vitamin A (as beta-carotene)	2500 IU	50%
Vitamin C (as ascorbic acid)	300 mg	500%
Vitamin E (as d-alpha tocopherol)	60 IU	200%
Calcium (as calcium carbonate)	75 mg	7.5%
Mixed Carotenoids Blend	1000 mcg	
alpha-carotene		†
cryptoxanthin		†
zeaxanthin		†
lutein		†
Mixed Tocopherols	32 mg	
d-beta		†
d-gamma		†
d-delta tocopherols		†
Lycopene	3 mg	†
Olive (fruit) Extract	150 mg	†
Grape (seed) Extract	25 mg	†

† Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, silicon dioxide, hydroxypropyl methylcellulose, croscarmellose sodium, hydroxypropyl cellulose, sodium starch glycolate, titanium dioxide, magnesium stearate, polyethylene glycol, riboflavin, caramel.

Florify® (PM Packet only)

Supplement Facts

Serving Size 1 Capsule

	Amount Per Serving	% DV†
Proprietary Blend	10 billion cfu	
Lactobacillus acidophilus		†
Lactobacillus plantarum		†
Lactobacillus casei		†
Lactobacillus rhamnosus		†
Bifidobacterium longum		†
Bifidobacterium lactis		†
Bifidobacterium bifidum		†
Fructooligosaccharides	10 mg	†

† Daily Value (DV) not established.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, gellan gum, magnesium stearate, silicon dioxide.

