

Directions: Adults and children over 10: take 1 slow dissolve tablet daily or as directed by a healthcare professional. Let dissolve in mouth or under tongue. Do not swallow whole. For best results, we suggest 3 tablets a day for the first 10 to 14 days. After that, take at least one to two tablets daily. Most people take one in the morning and one in the afternoon to maintain and enjoy that feeling of endless energy every day!

Supplement Facts

Serving Size: 1 Tablet Servings Per Container: 30

	Amount Per Tablet	% Daily Value
Vitamin B6 (as pyridoxine HCl)	5mg	250%
Folate (as folic acid)	400 mcg	100%
Vitamin B12 (cyanocobalamin)	1000 mcg	16,667%
Biotin	25 mcg	8%

Other Ingredients: Sorbitol, mannitol, stearic acid, silica, magnesium stearate, natural flavor, stevia leaf extract, alpha-ketoglutaric acid, sodium starch glycolate.



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These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Children, women who are pregnant or nursing, and all individuals allergic to any foods or ingredients should consult their healthcare provider before using this product. You should not stop taking any medication without first consulting with a healthcare provider. To report a serious adverse event or obtain product information, contact 1-800-991-7116.

To reorder, call 1-800-991-7116 or visit TriVita.com.

Manufactured for and distributed by
TriVita, Inc., Scottsdale, Arizona USA

Store in a cool, dry place.
Do not use if seal is broken.

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Item 30140
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B-12

SLOW DISSOLVE TABLETS
Including B-6 and Folic Acid



DIETARY SUPPLEMENT
30 TABLETS