

Healthy Mom, Healthy Baby!

Nourish your body with our comprehensive multivitamin that delivers scientifically studied ingredients, our rainbow blend of fruits and vegetables, and an advanced Digestive Support Blend designed just for Mom and Baby from conception through nursing.*

What a difference 1 tablet per day makes:

- Nourishes Mom's health and Baby's development with the recommended amount of folate, plus calcium, choline and a gentle, well-tolerated form of iron*
- Promotes cell & immune health & energy with potent vitamins*
- Easy to digest*
- With probiotics and plant-source enzymes

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

KEEP OUT OF REACH OF CHILDREN. Consult your healthcare professional prior to use if you are taking medication or have a medical condition.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 5. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.



Made with purity-tested ingredients and NO artificial preservatives, colors, flavors or sweeteners. Contains NO gluten, wheat, milk, tree nuts, peanuts, eggs, fish or shellfish.



Eco Guard® Packaging

100% Recycled & 100% Recyclable

Tree-free label on bottle made from limestone

New & Improved



Prenatal One

Plus Superfoods & Probiotics



Essential Nutrition for Mom & Baby*



Vegetarian | Gluten-Free | One Tablet Per Day
75 Tablets | Multivitamin Supplement

USAGE: Take one tablet per day, with or between meals, while trying to conceive, pregnant or nursing.

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 75

	Amount Per Serving	% DV for Pregnant & Lactating Women
Vitamin A (as beta-carotene)	1305 mcg	100%
Vitamin C (as ascorbic acid)	65 mg	54%
Vitamin D (as ergocalciferol)	15 mcg	100%
Vitamin E (as d-alpha tocopheryl succinate)	9.5 mg	50%
Vitamin K (as phytonadione)	90 mcg	100%
Thiamin (as thiamin mononitrate)	8 mg	571%
Riboflavin (vitamin B2)	8 mg	500%
Niacin (as niacinamide)	18 mg	100%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
Folate (as folic acid)	600 mcg DFE (360 mcg folic acid)	100%
Vitamin B12 (as methylcobalamin)	9 mcg	321%
Biotin	35 mcg	100%
Pantothenic Acid (as calcium pantothenate)	10 mg	143%
Choline (as choline bitartrate)	55 mg	10%
Calcium (as calcium citrate)	50 mg	4%
Iron (as iron amino acid chelate)	27 mg	100%
Iodine (from kelp)	290 mcg	100%
Magnesium (as marine magnesium extract from seawater)	50 mg	13%
Zinc (as zinc citrate)	13 mg	100%
Selenium (as selenomethionine)	70 mcg	100%
Copper (as copper amino acid chelate)	1.3 mg	100%
Manganese (as manganese citrate)	2 mg	77%
Molybdenum (as molybdenum amino acid chelate)	50 mcg	100%

Organic Rainbow Superfoods Blend 125 mg †
Organic spirulina, organic beet (root), organic broccoli (plant), organic kale (leaf), organic spinach (leaf), organic blackberry (fruit), organic blueberry (fruit), organic carrot (root), organic cranberry (fruit)

Digestive Support Blend 32 mg †
Ginger (root) juice extract, amylase (150 DU†), protease (600 HUT†), xylanase (80 XU†), maltase (4 DP†), glucoamylase (0.4 AGU†), hemicellulase (E15 HCU†), beta-glucanase (18 BGU†), phytase (0.04 FTU†), cellulase (24 CU†), alpha-galactosidase (4 GalU†), lipase (22 FIP†), lactase (7 ALU†), invertase (3 SU†), *Bacillus coagulans* MTCC 5856 (25 million CFU†)

Citrus (fruit) bioflavonoids	25 mg	†
Organic chlorella	25 mg	†
Inositol	10 mg	†
Boron (as boron glycinate)	1 mg	†

†Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, croscarmellose sodium, magnesium stearate, coating (hydroxypropyl cellulose, hypromellose), silica, stearic acid.

Manufactured by Nature's Products, Inc. for Nutranext Business, LLC
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