

(800) 266-2323

ULTRA PLAN LIQUID B-12 - NATURAL RASPBERRY FLAVOR (4 OZ)

SKU# 39715 | Weight: 0.3 lb | Servings: 118





Methylcobalamin is the biologically active form of Vitamin B12. It helps support a healthy nervous system, maintain normal energy levels and helps support normal metabolism of carbohydrates and fat.*

ninistration. This product is not intended to diagnose, treat, cure or prevent any disease

upplement Facts

Serving Size: 1 full dropper (1 ml) Servings Per Container: about 118

Amount Per Serving	% Daily Value	
Thiamin (Vitamin B-1 as Thiamine HC	1.5 mg l)	100%
Riboflavin (Vitamin B2 as Riboflavin-5-F	1,7 mg Phosphate)	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine HCl	2 mg	100%
Pantothenic Acid (as d-Panthenol)	30 mg	300%
Folic Acid	400 mcg	100%
Vitamin B12 (as Methylcobalamin)	1100 mcg	18,333%
Biotin	25 mcg	8%

This product is gluten free and contains no egg, milk, peanuts, treenuts, shellfish, fish, soy and wheat.



Key Ingredients:

Biotin	Folic Acid	
Niacin	Pantothenic Acid	
Riboflavin	Thiamin	
Vitamin B-12	Vitamin B-6	

Additional Information

Suggested Use: For a dults and children ages 12 and above. Shake well before use. As a dietary supplement, in the morning, place the supplement of theone full dropper (1 ml) under your tongue and hold for 30 seconds, then swallow. Best if refrigerated after opening.











