

Vitamin and mineral supplement for the maintenance of good health.*
 Suplemento de vitaminas y minerales para el mantenimiento de una buena salud.*

Recommended adult dosage | Dosis recomendada para adultos: Take 2 capsules daily at mealtime, preferably breakfast. | Tome 2 cápsulas diarias con las comidas, preferiblemente en el desayuno.

This product is manufactured in a facility that uses milk, wheat, fish, eggs, crustacean shellfish, tree nuts, and soy. | Este producto se fabrica en una instalación que utiliza leche, trigo, pescado, huevos, crustáceos, nueces y soja.

Cautions and warnings | Advertencias y precauciones:
Keep out of reach of children. Do not use if security seal is broken or missing. Keep in a cool and dry place away from direct sunlight. | **Manténgalo fuera del alcance de los niños.** No lo utilice si le falta el sello de seguridad o está roto. Guárdelo en un lugar seco y fresco alejado de la luz solar directa.

* This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

* Esta declaración no ha sido evaluada por la Administración de Alimentos y Medicamentos (FDA). Este producto no está destinado a diagnosticar, tratar, curar o prevenir ninguna enfermedad.



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MULTI + RESVERATROL

FULL SPECTRUM

12 VITAMINS
 5 MINERALS
 4 NUTRIENTS
 including
 CHLORELLA

DIETARY
 SUPPLEMENT



60
 Capsules
 Cápsulas

ESPECTRO COMPLETO

12 VITAMINAS
 5 MINERALES
 4 NUTRIENTES
 incluyendo
 CHLORELLA

SUPLEMENTO
 DIETÉTICO

Supplement Facts | Datos del suplemento

Serving Size: 2 Capsules | Tamaño de la porción: 2 cápsulas
 Servings Per Container: 30 | Porciones por envase: 30

	Amount Per Serving Cantidad por porción	% Daily Value % Valor diario
Vitamin A Vitamina A (as beta-carotene)	750 mcg	83%
Vitamin C Vitamina C (as ascorbic acid)	250 mg	278%
Vitamin D Vitamina D (as cholecalciferol)	20 mcg (800 IU)	100%
Vitamin E Vitamina E (as d-alpha tocopheryl acetate)	40 mg	267%
Vitamin B1 Vitamina B1 (as thiamin mononitrate)	25 mg	2083%
Riboflavin Riboflavina	25 mg	1923%
Niacin Niacina	25 mg	156%
Vitamin B6 Vitamina B6 (as pyridoxine hydrochloride)	25 mg	1471%
Folate Folato (as folic acid)	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 Vitamina B12 (as cyanocobalamin)	25 mcg	1042%
Biotin Biotina (Vitamin H)	300 mcg	1000%
Pantothenic acid Ácido pantoténico (as d-calcium pantothenate)	25 mg	500%
Choline Colina (as choline bitartrate)	30 mg	5%
Zinc Zinc (as zinc bisglycinate chelate)	15 mg	138%
Selenium Selenio (as selenomethionine)	55 mcg	100%
Copper Cobre (as copper bisglycinate chelate)	2 mg	222%
Manganese Manganeso (as manganese citrate)	5 mg	217%
Chromium Cromo (as chromium dimicronate glycinate)	35 mcg	100%
Inositol Inositol (from corn)	10 mg	+
Chlorella Chlorella (seaweed)	50 mg	+
Trans-resveratrol Trans-resveratrol (as polyphenol cuspidatum root extract)	50 mg	+

† Daily Value not established. | † Valor diario no establecido.

Other ingredients | Otros ingredientes: Hypromellose (vegetable gelatin), microcrystalline cellulose, magnesium stearate and silica. | Hipromelosa (gelatina vegetal), celulosa microcristalina, estearato de magnesio y sílice.