

MASON natural®

Vitamin B

Super B-Complex Liquid

DIETARY SUPPLEMENT

For ENERGY, healthy cells and
NERVOUS SYSTEM function*

60 SOFTGELS

Not Actual Size

FOIL - TAMPER RESISTANT SEAL - If printed heat
induced seal appears to be tampered with, do not use product.

Supplement Facts

Serving Size 1 Softgel

Amount Per Serving	%DV	Amount Per Serving	%DV
Thiamine 50 mg....3333%		Pantothenic acid 50 mg....500%	
(vitamin B1) (as thiamine mononitrate)		(vitamin B5) (as d-calcium pantothenate)	
Riboflavin (vitamin B2) 50 mg....2941%		Calcium 38 mg.....4%	
Niacin 50 mg.....250%		(as D-Calcium Phosphate)	
(vitamin B3) (as niacinamide)		Choline 50 mcg.....**	
Vitamin B6 50 mg....2500%		(as choline bitartrate)	
(as pyridoxine hydrochloride)		Inositol 50 mcg.....**	
Folate (as folic acid) 400 mcg....100%		PABA 50 mcg.....**	
Vitamin B12 50 mcg....833%		(as para-amino benzoic acid)	
(as cyanocobalamin)			
Biotin 50 mcg.....17%			

** Daily value not established

Other Ingredients: Soybean oil, Gelatin (bovine), Glycerin, Mono & Di-Glycerides,
Purified Water, Sorbitol, Soy Lecithin, Yellow beeswax, Titanium Dioxide, FD&C
Red #40, FD&C Blue #1.

ALLERGEN STATEMENT: This product contains soy.

GUARANTEED NO ADDED: Starch, Yeast, Corn, Wheat, Dairy, Egg,
Fragrance or Flavors and Preservatives, Crustacean / shellfish.

Manufactured in the USA for:

MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com

LOT/EXP. DATE

18950W/

1658-60



1658-60



Rev.1

This product has been carefully
manufactured and packaged in
strict conformance with industry
and government standards.

Directions: Adults, take one softgel
daily as a dietary supplement,
preferably with a meal. Adequate
folate in healthful diets may reduce
a woman's risk of having a child
with a brain or spinal cord birth defect.

Keep Out of the Reach of Children.

Store in a dry, controlled room
environment.

Warning: If you are pregnant,
nursing, taking any medications or
planning any medical procedure,
consult your doctor before use.
Discontinue use and consult your
doctor if any adverse reactions
occur.

*These statements have not been
evaluated by the Food and Drug
Administration. This product is not
intended to diagnose, treat, cure or
prevent any disease.

†Mason Natural® is a registered trademark
and does not refer to any product claim.

MASON

B-C

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For ENERGY,
NERVOUS SYSTEM