

MASON  **natural**
EST. 1967

VITAMIN B1

100 MG

MAY SUPPORT

CONVERSION OF
FOOD INTO ENERGY*

100 TABLETS • DIETARY SUPPLEMENT

DIRECTIONS: Adults - Take one tablet daily, preferably with food, as a dietary supplement.

Supplement Facts

Serving Size 1 Tablet

	Amount Per Serving	% Daily Value
Vitamin B1 (as thiamine hydrochloride)	100 mg	8,333%
Calcium (as dicalcium phosphate)	35 mg	2%

OTHER INGREDIENTS: Microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, and silica.

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

GUARANTEED
Yeast, Soy, &
Preservative

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur. Keep out of reach of children.
TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.



SOY FREE

Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).
Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com

preferably with food, as a

acts

	% Daily Value
mg	8,333%
mg	2%



SOY FREE

GUARANTEED NO ADDED: Sugar, Starch, Wheat, Corn, Dairy, Yeast, Soy, Egg, Fragrance, Artificial Colors or Flavors, and Preservatives. Sodium Free.

WARNING: If you are pregnant, nursing, taking any medications or planning any medical procedure, consult your physician before use. Discontinue use and consult your physician if any adverse reactions occur. Keep out of reach of children.

TAMPER-EVIDENT SEAL: Do not use product if seal appears tampered.

Store in a dry place under controlled room temperature: 20° - 25°C (68° - 77°F).

Manufactured in the USA for:
MASON VITAMINS, INC. Miami Lakes, FL 33014
1-888-860-5376 • www.MasonVitamins.com

*THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

Mason Natural® is a registered trademark and does not refer to any product or ingredient claim.

LOT/EXP. DATE