

Enhanced ENERGY[®]

ONCE DAILY
WHOLE FOOD MULTIVITAMIN



34
ECOGANIC
FOODS

1 DAILY

Maximize Your Cellular Absorption

60 VEGETARIAN TABLETS

WARNING: Do not use if seal is broken or missing. Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. In case of accidental overdose, call a doctor or poison control center immediately.

Directions: Use only as directed. Take 1 vegetarian tablet daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 1 Vegetarian Tablet

	Amount Per Serving	% Daily Value
Vitamin A (as 100% Natural Beta-Carotene)	5000 IU	100%
Vitamin C (as Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol) (D-3)	1000 IU	250%
Vitamin E	30 IU	100%
(as Natural Source d-Alpha Tocopheryl Succinate)		
Vitamin K (as Menaquinone-7 from Natto) (K-2)	10 mcg	125%
Thiamine (as HCl, Cocarboxylase) (B-1)	10 mg	666%
Riboflavin	10 mg	588%
(as Riboflavin, Riboflavin-5-Phosphate) (B-2)		
Niacin (as Nicotinamide) (B-3)	20 mg	100%
Vitamin B-6	10 mg	500%
(as Pyridoxine HCl, Pyridoxal-5-Phosphate)		
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12	250 mcg	4166%
(as Cyanocobalamin, Methylcobalamin)		
Biotin	100 mcg	33%
Pantothenic Acid (as Calcium Pantothenate)	20 mg	200%
Calcium (as Carbonate, Citrate, Ascorbate)	100 mg	100%
Iron (as Ferric Pyrophosphate)	18 mg	50%
Iodine (from Organic Kelp)	75 mcg	13%
Magnesium (as Oxide)	50 mg	100%
Zinc (as Citrate)	15 mg	100%
Selenium (as Selenomethionine)	200 mcg	288%

Copper (as Citrate)
Manganese (as Citrate)
Chromium (as Picolinate)
Potassium (as Carbonate)

Choline (as Bitartrate)
Inositol
PABA (Para-Aminobenzoic Acid)
Citrus Bioflavonoids Complex
(Providing Orange, Lemon, and Grapefruit Bioflavonoids)

Lutein [Tagetes spp.]
(from Marigold Flower Extract)
Enhanced Antioxidant Flavonoids
Organic Cocoa [Theobroma cacao] (bean), Organic Matcha Green Tea [Camellia sinensis] (leaf), and Grape Seed Extract

Ecoganic[™] Herbs & Superfoods
Organic Spirulina [Arthrospira platensis] (whole), Organic Blueberry [Eleutherococcus senticosus] (root), Organic Ginger [Zingiber officinale] (root), Organic Wheatgrass [Triticum vulgare], Organic Maca [Lepidium meyenii] (root), Chlorophyllin, and Broken Cell Chlorella [Chlorella pyrenoidosa] (whole)

Ecoganic[™] Veggies & Greens
Organic Spinach, Organic Carrot, Organic Kale, Organic Beet, Organic Tomato, Organic Celery, Organic Parsley, Organic Red Bell Pepper, Organic Green Bell Pepper, Organic Garlic, Organic Wheatgrass, Organic Barley Grass, and Organic Sprouted Cabbage

Ecoganic[™] Super Fruits & Berries
Organic Apple, Organic Orange, Organic Goji, Organic Prune, Organic Pineapple, Organic Noni, Organic Lemon Peel, Organic Raspberry, and Organic Blueberry

Ecoganic[™] Raw Mushrooms
(Mycelium) Organic Cordyceps, Organic Turkey Tail, Organic Maitake, Organic Reishi, and Organic Agaricus

Digestive Enzymes
Betaine (HCl), Amylase, Glucoamylase, Protease, Alpha Galactosidase, Cellulase, Bromelain, Papain, Lactase, Lipase, Pectinase (w/ Phytase), and Invertase

ActiSorb[®] Base
BioPerine[®] (Black Pepper Extract), Ginger Root Extract, Rosemary Leaf Extract, Turmeric Root Extract, Cayenne Extract

* Daily Value not established.

Keep out of reach of children. Keep your licensed health care practitioner informed when using this product. Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under six. In case of accidental overdose, call a doctor or poison control center immediately.

Directions: Use only as directed. Take 1 vegetarian tablet daily with a meal or glass of water. Store in a cool, dry place.

Supplement Facts

Serving Size 1 Vegetarian Tablet

	Amount Per Serving	% Daily Value
Vitamin A (as 100% Natural Beta-Carotene)	5000 IU	100%
Vitamin C (as Calcium Ascorbate)	200 mg	333%
Vitamin D (as Cholecalciferol) (D-3)	1000 IU	250%
Vitamin E	30 IU	100%
(as Natural Source d-Alpha Tocopheryl Succinate)		
Vitamin K (as Menaquinone-7 from Natto) (K-2)	10 mcg	125%
Thiamine (as HCl, Cocarboxylase) (B-1)	10 mg	666%
Riboflavin	10 mg	588%
(as Riboflavin, Riboflavin-5-Phosphate) (B-2)		
Niacin (as Nicotinamide) (B-3)	20 mg	100%
Vitamin B-6	10 mg	500%
(as Pyridoxine HCl, Pyridoxal-5-Phosphate)		
Folate (as Folic Acid)	400 mcg	100%
Vitamin B-12	250 mcg	4166%
(as Cyanocobalamin, Methylcobalamin)		
Biotin	100 mcg	33%
Pantothenic Acid (as Calcium Pantothenate)	20 mg	200%
Calcium (as Carbonate, Citrate, Ascorbate)	100 mg	100%
Iron (as Ferric Pyrophosphate)	18 mg	50%
Iodine (from Organic Kelp)	75 mcg	13%
Magnesium (as Oxide)	50 mg	100%
Zinc (as Citrate)	15 mg	100%
Selenium (as Selenomethionine)	200 mcg	288%

Copper (as Citrate)
Manganese (as Citrate)
Chromium (as Picolinate)
Potassium (as Carbonate)

Choline (as Bitartrate)
Inositol
PABA (Para-Aminobenzoic Acid)
Citrus Bioflavonoids Complex
(Providing Orange, Lemon, and Grapefruit Bioflavonoids)

Lutein [Tagetes spp.]
(from Marigold Flower Extract)
Enhanced Antioxidant Flavonoids
Organic Cocoa [Theobroma cacao] (bean), Organic Matcha Green Tea [Camellia sinensis] (leaf), and Grape Seed Extract

Ecoganic[™] Herbs & Superfoods
Organic Spirulina [Arthrospira platensis] (whole), Organic Blueberry [Eleutherococcus senticosus] (root), Organic Ginger [Zingiber officinale] (root), Organic Wheatgrass [Triticum vulgare], Organic Maca [Lepidium meyenii] (root), Chlorophyllin, and Broken Cell Chlorella [Chlorella pyrenoidosa] (whole)

Ecoganic[™] Veggies & Greens
Organic Spinach, Organic Carrot, Organic Kale, Organic Beet, Organic Tomato, Organic Celery, Organic Parsley, Organic Red Bell Pepper, Organic Green Bell Pepper, Organic Garlic, Organic Wheatgrass, Organic Barley Grass, and Organic Sprouted Cabbage

Ecoganic[™] Super Fruits & Berries
Organic Apple, Organic Orange, Organic Goji, Organic Prune, Organic Pineapple, Organic Noni, Organic Lemon Peel, Organic Raspberry, and Organic Blueberry

Ecoganic[™] Raw Mushrooms
(Mycelium) Organic Cordyceps, Organic Turkey Tail, Organic Maitake, Organic Reishi, and Organic Agaricus

Digestive Enzymes
Betaine (HCl), Amylase, Glucoamylase, Protease, Alpha Galactosidase, Cellulase, Bromelain, Papain, Lactase, Lipase, Pectinase (w/ Phytase), and Invertase

ActiSorb[®] Base
BioPerine[®] (Black Pepper Extract), Ginger Root Extract, Rosemary Leaf Extract, Turmeric Root Extract, Cayenne Extract

* Daily Value not established.

Other Ingredients: Croscarmellose Sodium, Cellulose, Stearic Acid, Silica and Peppermint Oil.

Discussion: KAL[®] Enhanced Energy[®] Once Daily provides a balanced whole body approach to daily nutrition with its synergistic blend of Vitamins, Minerals and Real Food co-factors. This amazing Whole Food Multi contains 100% Organic Fruits & Vegetables, plus 100% Organic Blends: Energizing Green Foods, Antioxidant Flavonoids, Immune-Enhancing Raw Mushrooms, Digestive Enzymes and Natural Carotenoids for multi-system cellular support, all in one tablet.

ActivTab[™] technology guarantees disintegration within 30 minutes according to USP standards.

Bioperine[®] is a registered trademark of Sabinsa Corp.

Mfd. by Nutraceutical Corp.
www.nutraceutical.com

Comments or Questions:
KAL
Park City, UT 84098 USA ©2012
(800) 365-5966
www.kalvitamins.com

Barcode: 0 21245 38885 2
9816974 0712

Barcode: 0 21245 38885 2
9816974 0712

Other Ingredients: Croscarmellose Sodium, Cellulose, Stearic Acid, Silica and Peppermint Oil.

Discussion: KAL[®] Enhanced Energy[®] Once Daily provides a balanced whole body approach to daily nutrition with its synergistic blend of Vitamins, Minerals and Real Food co-factors. This amazing Whole Food Multi contains 100% Organic Fruits & Vegetables, plus 100% Organic Blends: Energizing Green Foods, Antioxidant Flavonoids, Immune-Enhancing Raw Mushrooms, Digestive Enzymes and Natural Carotenoids for multi-system cellular support, all in one tablet.

ActivTab[™] technology guarantees disintegration within 30 minutes according to USP standards.

Bioperine[®] is a registered trademark of Sabinsa Corp.

Mfd. by Nutraceutical Corp.
www.nutraceutical.com

Comments or Questions:
KAL
Park City, UT 84098 USA ©2012
(800) 365-5966
www.kalvitamins.com

Barcode: 0 21245 38885 2
9816974 0712

Barcode: 0 21245 38885 2
9816974 0712