

Crea-TEN 10-in-1 Creatine Formula

Fruit Punch

Crea-TEN includes ten of the most effective forms of Creatine available on the market today in order to maximize your performance through increased absorption. Top benefits include muscular growth, extended power, endurance, and all without loading.

SUPPLEMENT FACTS

SERVING SIZE: 1 SCOOP: 8 g

SERVINGS PER CONTAINER: 30

PER SERVING

% DAILY VALUE

Magnesium (as Magnesium Creatine Chelate (Creatine MagnaPower®))

120 mg

29%

Chromium (as chromium chloride)

120 mcg

100%

Creatine Blend:

5,000 mg

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Magnesium Creatine Chelate (Creatine MagnaPower®, Tri-Creatine Malate, Creatine Anhydrous, Greapure® (Creatine Monohydrate), Creatine Citrate, Creatine Pyruvate, Creatine Ethyl Ester Hydrochloride, Creatine Alpha-Ketoglutarate, Creatine Ethyl Ester Malate, Creatine Gluconate

Creatine Accelerate Blend:

1,580 mg

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L-Taurine, Betaine Anhydrous, Gymnema Sylvestre Extract (Leaves), Black Pepper Extract (Piper nigrum)(fruit)(Bioperine®, Banaba Powder (Lagerstroemia speciosa)(leaves), Fenugreek Extract (standardized to 50% Saponins)(Trigonella foenum-graecum L.)(seeds)

*Daily Value not established

Other Ingredients: Citric Acid, Silicon Dioxide, Natural & Artificial Flavors, Sucralose, Acesulfame

Potassium, Red #40

Disclaimer: Results may vary from person to person. Always consult with a qualified healthcare professional prior to beginning any diet or exercise program or taking any dietary supplement. The content on our website is for informational and educational purposes only and is not intended as medical advice or to replace a relationship with a qualified healthcare professional.

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How to use Crea-TEN

Mix one scoop of with 8 to 12 ounces of cold water and consume 2-3 servings per day: such as first thing in the morning, in between meals, right before a workout, during a workout, or right after a workout. Crea-TEN can be stacked with your pre-workout, your intra-workout, and your recovery drink. Crea-TEN can also be stacked with your protein shake.