

SPECTRUM B

with Vitamin C

100 TABLETS



Full Spectrum B with C Compare to Nephro-Vite List No.: 1269

Supplement Facts

Serving Size 1 Tablet Servings Per Container 100

Each Tablet Contains	% Daily Value	
Vitamin C (as Ascorbic Acid)	60 mg	100%
Thiamin (Vitamin B-1 as Thiamine Mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B-6 (as Pyridoxine HCI)	10 mg	500%
Folic Acid	800 mcg	200%
Vitamin B-12 (as Cyanocobalamin)	6 mcg	100%
Biotin	300 mcg	100%
Pantothenic Acid (as Calcium Pantothenate)	10 mg	100%

Other Ingredients: Microcrystalline Cellulose, Croscarmellose Sodium, Hydroxypropyl Methylcellulose, Magnesium Stearate, Silicon Dioxide, Triacetin, Polydextrose, Pharmaceutical Resin.

Directions: As a dietary supplement, take one tablet daily with a meal, or as directed by your healthcare professional.

*This product is not manufactured or distributed by B & D Laboratories