



Suggested Use: As a dietary supplement, take 3 capsules daily. Optimally, for the first 15 days, take two servings daily. FOR DAILY USE.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving	% Daily Value	
Vitamin C (as Magnesium Ascorbate)	120 mg	200%
Magnesium (as Magnesium Ascorbate)	10 mg	3%
BioCell Collagen®	1000 mg	†
Hydrolyzed Collagen Type II 600 mg		
Chondroitin Sulfate 200 mg		
Hyaluronic Acid 100 mg		
Calcium-Magnesium Inositol Hexaphosphate (IP6)	75 mg	†
Quercetin Dihydrate	150 mg	†
Proprietary Blend	300 mg	
Inositol		†
Lecithin		†

† Daily Value Not Established.

Other Ingredients: Gelatin, cellulose, magnesium stearate, calcium silicate.
Allergy Information: Contains soy.

BioCell Collagen® is a registered trademark of BioCell Technology LLC, Newport Beach, California USA (US Patents 6,025,327; 6,323,319; 6,780,841; 7,091,180; 7,799,348; other US and foreign patents pending.)