

proper

Sleep + Restore

Get better sleep with immediate and sustained release melatonin.*



60 Vegan Capsules

Sleep
Wellness 360*

Dietary Supplement

Sleep + Restore

Sleep + Restore builds on our Core formulation to help promote sleep health in addition to restoring and resetting your natural sleep cycle, aka circadian rhythm.

- Fall asleep faster + stay asleep
- Balance your natural sleep cycle (circadian rhythm)
- Contains standard + MicroActive® (MA) extended-release (time-release) melatonin
- Natural, non-GMO, sugar-free, no artificial colors or binders

Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount per serving	%DV
Valerian Root Extract (Valeriana officinalis) (std. to 0.8% Valerenic acid)	300mg	**
SENSORIL® Ashwagandha Root and Leaf Extract (Withania somnifera) (std. to 10% Withanolides)	125mg	**
GABA (Gamma-Aminobutyric acid)	100mg	**
Tart Cherry Extract (Prunus cerasus)	100mg	**
VENETRON® Rafuma Leaf Extract (Apocynum venetum) (std. to 4% of Hyperoside & isoquercitrin)	50mg	**
Melatonin (1mg from MicroActive® Melatonin with sustained release)	3mg	**

**Daily Value (DV) not established

Other Ingredients: Vegetable Cellulose Capsule, Organic Rice Hulls Contains <2% Of: Ascorbyl Palmitate, Calcium Silicate

SENSORIL® is a registered trademark of Natreon, Inc.
Venetron® is a registered trademark of Tokiwa Phytochemical Co., Ltd.
MicroActive® is a registered trademark of BioActives, LLC.